Be bright use lights at night!

The clocks have gone back and it's getting dark as we cycle home from work. Having a good set of cycle lights is vital to ensure your safety, make you visible to other road users, and light up the road ahead!

www.york.gov.uk/cycling

...But what's legal, how much do they cost, and how do you fit them securely to your bike?

For good advice and the right lights for your bike contact your local cycle shop.

Be part of it!