YOUR CAREER JOURNEY

FIRST YEAR
Be open to possibilities and find out what motivates you

- Activate your Handshake account to access careers events, appointments and job opportunities.
- Find your strength and exercise them.
- Explore York Internships website.
- Join clubs and societies from Wk 1.
- Dip into virtual and in-person employer events.
- Market yourself through your CV, LinkedIn and Handshake.
- Write a strong CV and LinkedIn profile.
- Explore York Strengths.
- Find your internship.
- Apply for your first graduate job.
- Complete your Handshake profile to connect with employers.
- Have a clear sense of direction for life after graduation.
- Feel positive about the future as a York graduate.

SECOND YEAR
Use what you know about yourself to gain relevant work experience

- Complete your Handshake profile to connect with employers.
- Access careers sessions to help manage your career development.
- Seek more work experience through internships, volunteering, enterprise and placement year.
- Practise your interview technique through ShortlistMe.
- Update your CV to apply for work experience.
- Build work experience through internships, volunteering and enterprise.
- Complete the York Strengths to build self awareness and plan your next steps.
- Apply for a volunteering project.
- Early bird applications for York Award.
- Apply for the York Award.
- Explore York Internships.
- Launch your own business.
- Apply for a volunteering project.
- Update your CV through CareerSet.
- Register for the Placement Year by 10 February 2024.

FINAL YEAR
Make good quality applications for graduate work or further study

- Have accessed careers sessions to help manage your career development.
- Complete the York Strengths to build self awareness and plan your next steps.
- Have completed your Handshake profile to connect with employers.
- Have accessed careers sessions to help manage your career development.
- Have sought more work experience through internships, volunteering, enterprise and placement year.
- Have practised your interview technique through ShortlistMe.
- Have updated and tailored your CV through CareerSet.
- Early bird applications for York Award.
- Have applied for the York Award.
- Have a clear sense of direction for life after graduation.
- Have an understanding of recruitment processes and how to succeed at each stage.
- Have utilised your Handshake profile to apply for graduate jobs.
- Feel positive about the future as a York graduate.

By the end of your first year you’ll
- Have activated your Handshake account to access careers events, appointments and job opportunities.
- Have started to gain experiences through volunteering, internships, enterprise, employer challenges or student committees.
- Have accessed careers sessions to help manage your career development.
- Have completed York Strengths to build self awareness and plan your next steps.
- Have reviewed your CV through CareerSet.

By the end of your second / penultimate year you’ll
- Have completed your Handshake profile to connect with employers.
- Have accessed careers sessions to help manage your career development.
- Have sought more work experience through internships, volunteering, enterprise and placement year.
- Have practised your interview technique through ShortlistMe.
- Have updated and tailored your CV through CareerSet.

By the end of your final year you’ll
- Have applied for the York Award.
- Have a clear sense of direction for life after graduation.
- Have an understanding of recruitment processes and how to succeed at each stage.
- Have utilised your Handshake profile to apply for graduate jobs.
- Feel positive about the future as a York graduate.