YOUR CAREER JOURNEY
YOUR FUTURE, YORK FUTURES

2023/24

FIRST YEAR
Be open to possibilities and find out what motivates you

- Activate your profile in Handshake for job and event alerts
- Need to earn while you learn? Search Handshake for part-time jobs
- Join clubs and societies from Wk 1
- Stay supported with the University’s health and wellbeing resources
- Look out for volunteering opportunities
- Find your strengths with the York Strengths programme
- Dip into virtual and in-person employer events
- Apply in November to study abroad
- Explore York Internships
- Start a CV and LinkedIn profile

By the end of your first year you’ll
- Have activated your Handshake account to access careers events, appointments and job opportunities.
- Have started to gain experiences through volunteering, internships, enterprise, employer challenges or student committees.
- Have accessed careers sessions to help manage your career development.
- Have completed York Strengths to build self awareness and plan your next steps.
- Have reviewed your CV through CareerSet.

How to do it
- york.joinhandshake.co.uk
- york.ac.uk/careers/work
- yusu.org
- york.ac.uk/careers/events
- york.ac.uk/york-strengths
- york.ac.uk/careers/applications

Fully accessible version available online at york.ac.uk/york-futures

Careers website: Get career ideas

Dip into virtual and in-person employer events
Explore York Internships
Start a CV and LinkedIn profile
Handske

Get involved

SEMMESTER 1

SEMMESTER 2

CV

- Have reviewed your CV through CareerSet.