STUDYING MEDICINE AS A GRADUATE

Dr Veronica McKay
Director of Admissions
DISCLAIMERS

- Information provided is to the best of my current knowledge.
- Always check the detailed selection policy of the medical schools in each application cycle.
- Always check for updated information from official sources.
- All information is subject to change.

February 2023
AIMS OF SESSION

- Medicine as a career
- Types of UK Medical Programmes
- Choosing a UK Medical School
- Entry requirements and selection process
- Finance
- Top Tips
- HYMS MB BS and MSc Physician Associate Studies
MEDICINE AS A CAREER
A CAREER IN MEDICINE

• Intellectually stimulating, vocationally rewarding, daily variety, lifelong learning
• Medical profession – high public trust and confidence, GMC regulation,
• NHS careers - guaranteed NHS employment, wide range of speciality training, flexible working, national tiered income with NHS pension,
• Non-NHS careers - academic, private health/industry sector, media, medico-political, international,
NHS POSTGRADUATE TRAINING

- General training-UK Foundation Programme 2Y FY1 (GMC Full Licence to Practice) > FY2
- General Practice (FY3) Specialty training (61 CCT, 40 subsp.)
  - 3-8Y
- General Practitioner Consultant Specialist, (Portfolio)
long hours, unsociable working patterns, prolonged post graduate specialist/higher specialist training, burden of patient care can be emotionally and physically draining, challenges to work-life balance, negative impact on personal wellbeing and family life.

It can be relentlessly demanding and many doctors are choosing to work P/T, work overseas, leave or retire early from the medical profession.

BUT.....
ALTERNATIVE NHS HEALTHCARE CAREER OPTIONS

- Physician Associate
- Allied healthcare professions (14) - physiotherapy, radiography, nursing, paramedics etc.
- Healthcare Scientists, Therapeutic and Technical staff, Digital NHS,
  • .......NHS employs 1.5 million people and is the UK's biggest employer
TYPES OF UK MEDICAL PROGRAMMES
TYPES OF MEDICAL COURSES

- 6Y-Medicine with Foundation/Gateway/Preliminary Year
- 6Y-Medicine with an Intercalation Year
- 5Y-Standard Course (Hull York Medicine School)
- 4Y-Graduate Entry Medicine

- General Medical Council regulates all UK medical school courses
- From 2024-25 onwards all UK medical students will need to sit the MLA with their final medical school exams and achieve a pass to join the GMC Medical Register
STANDARD
- Longer 5Y
- Funding is very limited
- Competitive
- Larger cohort intake

GRADUATE (GEM)
- Shorter 4Y
- Some funding available
- Highly competitive
- Smaller cohort intake
CHOOSING MEDICAL SCHOOLS FROM 43 OPTIONS

- Size
- Course structure (Traditional/Integrated)
- Curriculum
- Teaching Style (Traditional/Integrated/PBL)
- Older v New
- Geographical region
- Strategy – entry requirements
ENTRY REQUIREMENTS

- Vary with each medical school
- GCSEs, A Levels or equivalents (specific subjects), Graduates-2:1 (specific degrees)
- Admissions tests- UCAT, BMAT(2023), GAMSAT
- Work-related experience
- UCAS deadline 15th October
ADMISSIONS TESTS

- UCAT (35 medical schools, x1/cycle)
- BMAT (8 medical schools, x1/cycle)
- GAMSAT (9 medical schools, >1/cycle)

Check official sources for relevant information!
WORK EXPERIENCE

- Realistic understanding of working within healthcare and researching a medical career,
- People facing – "out with your comfort zone ", voluntary, paid–care setting, public setting, home
- Shadowing - community, primary or secondary
- Online clinical –Medical School Council resources
- Reflection>personal statement>interview
- Core values, skills and attributes needed to study medicine
Reflection on their practice is an essential professional behaviour of being a doctor, or any healthcare professional.

GMC: The reflective practitioner: guidance for doctors and medical students

RCGP/MSCSA: Inspiring and Preparing Tomorrow's Doctors Reflective Diary

Reflective Models - "what, so what, now what"
PREPARATION FOR INTERVIEW
NON-ACADEMIC REQUIREMENTS

- Ability to communicate
- Attitude and suitability (core values, attributes)
- Motivation to become a doctor
- That you care
- Knowledge of what is happening within medicine and the NHS
- Why did you choose this medical school-will you be a good fit?
- Practice but avoid being formulaic /over-rehearsed
STEP 1: MEDICINE APPLICATION PROCESS

- Planning - 18 months ahead of year of entry
- Work experience
- Medical school research incl Open Days
- Admissions Tests within year of application
- Final Selection of 4 Medicine programmes
- UCAS application deadline 15 October
STEP 2: MEDICAL SELECTION PROCESS

- UCAS application academic screening
- Admissions Test score,
- Interviews-panel, multiple mini-interviews (MMIs), assessment centres, online format,
  - Applicants will be well briefed but should prepare...
  - Offers made-one firm, one reserve,
2023-ENTRY ADMISSIONS CYCLE

- Nationally decreased by -10% (+25% in 2022)
- Re-applications decreased by -7% (+25% in 2022)
- Ongoing COVID-19 disruption-virtual or in person delivery
  
- Highly competitive selection process over next 2-3 admission cycles
## FUNDING – YEAR 1

<table>
<thead>
<tr>
<th></th>
<th>England Undergraduates</th>
<th>England Graduates Standard Course</th>
<th>England Graduates 4-year GEM course</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Tuition Fee</strong></td>
<td>Fee loan: up to £9,250</td>
<td>No loan available</td>
<td>Self-fund first £3,465. Fee loan: up to £5,785</td>
</tr>
<tr>
<td><strong>Maintenance Loan</strong></td>
<td>Up to £8,700</td>
<td>Up to £8,700</td>
<td>Up to £8,700</td>
</tr>
<tr>
<td><strong>NHS Grant</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>HYMS Bursary</strong></td>
<td>£2400 (&lt;25k RHI)</td>
<td>£2400 (&lt;25k RHI)</td>
<td></td>
</tr>
<tr>
<td>Year 2-4</td>
<td>England Undergraduates</td>
<td>England Graduates Standard Course</td>
<td>England Graduates 4-year GEM course</td>
</tr>
<tr>
<td>---------------</td>
<td>------------------------</td>
<td>----------------------------------</td>
<td>-----------------------------------</td>
</tr>
<tr>
<td>Tuition Fee</td>
<td>Fee loan: up to £9,250</td>
<td>No loan available</td>
<td>NHS pays first £3,715 Fee loan: up to £5,535*</td>
</tr>
<tr>
<td>Maintenance Loan</td>
<td>Up to £8,700</td>
<td>Up to £8,700</td>
<td>Up to £2,324 (up to £1,811 final year)</td>
</tr>
<tr>
<td>NHS Maintenance Bursary</td>
<td></td>
<td></td>
<td>Up to £4,491*</td>
</tr>
<tr>
<td>NHS Grant</td>
<td></td>
<td></td>
<td>£1000</td>
</tr>
<tr>
<td>HYMS Bursary</td>
<td>£2400 (&lt;25k RHI)</td>
<td>£2400 (&lt;25k RHI)</td>
<td></td>
</tr>
</tbody>
</table>
# Funding – Year 5

<table>
<thead>
<tr>
<th>Year 5</th>
<th>England Undergraduates</th>
<th>England Graduates Standard Course</th>
<th>England Graduates 4-year GEM course</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuition Fee</td>
<td>NHS pays full fee*</td>
<td>NHS pays full fee</td>
<td></td>
</tr>
<tr>
<td>Maintenance Loan</td>
<td>up to £2324 final year</td>
<td>up to £2324 final year</td>
<td></td>
</tr>
<tr>
<td>NHS Maintenance Bursary</td>
<td>Up to £4,491*</td>
<td>Up to £4,491*</td>
<td></td>
</tr>
<tr>
<td>NHS Grant</td>
<td>£1000</td>
<td>£1000</td>
<td></td>
</tr>
<tr>
<td>HYMS Bursary</td>
<td>£2400 (&lt;25k RHI)</td>
<td>£2400 (&lt;25k RHI)</td>
<td></td>
</tr>
</tbody>
</table>
TOP TIPS

- Research
- Strategic
- Keep a reflective log of experiences and link the "now what" into your personal statement and for interview prep
- Keep up to date with key medical topics/developments in the year before interview-read different sources,
- Practice answering questions with structured answers on a range of topics with different perspectives, viewpoints including your own
- Practice but be flexible, in the moment and "authentic" in your answers
RESOURCES

• Medical School Council
   https://www.medschools.ac.uk

• RCGP/MSCSA: Inspiring and Preparing Tomorrow's Doctors Reflective Diary

• General Medical Council
   https://www.gmc-uk.org/ethical-guidance/ethical-guidance-for-doctors/good-medical-practice

• Finance
MB BS

- standard 5-year programme
- York alumni have campus choice
- BSc Biomedical Sciences - fast track interview
- UoY Open Days: early July 2023, mid-September 2023-check UoY website
- https://www.hyms.ac.uk/medicine
MSC PHYSICIAN ASSOCIATE STUDIES

- 2 year programme
- Based on Hull campus
- 10% alumni tuition fee discount
- Post graduate Master's loan
- HEE funding £2,500/year

https://www.hyms.ac.uk/postgraduate-taught/msc-in-physician-associate-studies
ANY QUESTIONS?

www.hyms.ac.uk
Email furtherenquiries@hyms.ac.uk