



UNIVERSITY
of York

Careers and
Placements

IMPACT REPORT 2024

This report shares the testimonials of just some of the students who have grown as a result of Careers and Placements and the work we do.

Their words demonstrate our positive impact on both student employability and personal growth.



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INTRODUCTION



We're immensely proud of the testimonials that you're about to read. The HEPI/ Advance HE *Student Academic Experience*

Survey found that, for the first time in history, a majority of students (55%) are now working part-time in order to fund their time with us. As students juggle their academic endeavours alongside the multitude of extra-curricular activities that we urge them to take advantage of and part time work, any time spent considering life after graduation is to be applauded.

So this report is, first and foremost, a celebration of those students who inspire us to keep evolving our support, year on year:

Time pressures and other varied personal challenges facing our students compel us to keep finding new ways to embed our careers education and work-based learning into the curriculum.

We continue to reflect on the contributing factors behind poor mental health and support students with this by prioritising our front-line support service; our help desk, Drop-In sessions and bookable appointments.

Our new brand - developed for launch in the upcoming academic year - is underpinned by the message, 'With you every step of the way', which demonstrates both our approachability and availability. It ties in perfectly

with our key resource, Your Career Journey, which plots out small actions for students to take throughout their time at University and aims to break down the overwhelming prospect of employability into manageable chunks.

We salute all those students who continue to navigate additional barriers to those experienced by the majority. Over the past year, international students and students from underrepresented backgrounds have given us a highly articulate student voice and their contribution continues to define the tailored support we develop for these students.

At York we celebrate 'independent minds' and nowhere is this more true than in Careers and Placements. Our goal is to ensure every student leaves us with a clear appreciation of the unique skills, experiences and motivations that will ultimately make them the ideal candidate for their future employer. But all this is only possible by also mobilising our 'collective spirit'; the supportive networks which grow between student, staff, alumni and – crucially – employers. Indeed, it's through our employer relations that we have continued to connect our students with opportunities to represent the University's mission of Public Good.

Louise Thurston

Associate Director
Careers and Employability

"At York we celebrate 'independent minds' and nowhere is this more true than in Careers and Placements. Our goal is to ensure every student leaves us with a clear appreciation of the unique skills, experiences and motivations that will ultimately make them the ideal candidate for their future employer."



REACHING OUR STUDENTS



At a time when our students are busier than ever, we remain sensitive to the level of career communication we send. We know that it's never too early to start thinking about a future career; in fact the earlier a student starts, the more confident they'll feel when it eventually comes to making applications. But we're balancing this conviction with the need to tread carefully and avoid triggering feelings of being overwhelmed.

Our new engagement strategy aims to take students on a journey of discovery with us, ensuring we present ourselves as the experts - with relevant tailored information - and back that up with the advocacy of others, before we start expecting students to start taking action with us. In the first year we focus on making sure students are aware of the opportunities available and, this year, we piloted a hugely successful Open House event for first years, showcasing our support and opportunities and making sure they know where we are *when they feel ready to engage*.

A new brand identity will be launched in the 2024/25 academic year. It fits cleanly within the main University brand but sets us apart as a separate service which offers the following four areas of support:

- **Skills and development** – including our sector-leading York Strengths Programme, York Leaders and York Award
- **Information, advice and support** – both online and offline from our professional team of accredited Careers Consultants and the wider support team
- **Experience** – including placement years, volunteering, community engaged learning and short term internships with our network of local employers
- **Events and networking** – linking students with future employers and showcasing the diverse graduate opportunities available

Leading with the message, 'With you every step of the way', our new brand aims to inspire all students into making whatever small steps are achievable for them and to reassure them that they have our full support along the way.



Your Career Journey

"With so many opportunities and resources available, you may find yourself wondering when – and where! – to start. Your Career Journey is the key to navigating the steps you should take during your time at University. Follow the journey, year by year and semester by semester, and you will gain all the skills and experiences you need to make confident, quality job applications at the end of your studies."

"York makes finding such opportunities incredibly easy. Use as many of the resources available to you as you can. You often don't even have to look for these opportunities, they come to you over email!"

Alumni quote, 2023

Employability in the curriculum

Your Career Journey underpins and enhances the academic journey of every student at York. Careers and Placements are committed to working closely with academic departments to integrate employability into the curriculum to provide an inclusive and accessible programme of careers education, which follows the three stage pathway of Your Career Journey. We aim to ensure that all students, regardless of background, and availability of time and resources, have access to activities which provide a scaffolding of employability-related learning as a core element of their degree.

The first stage of integrating employability in the curriculum begins with building student self-awareness through engagement with our York Strengths Programme and developing the confidence to explore and engage with employability-related opportunities.

The second stage builds on this self-awareness to explore work-related learning through the curriculum in a variety of formats. This includes the development of professional skills that transfer to the workplace context; engaging with external professionals, from a variety of backgrounds, to build professional networks; and engaging with real world problems, through working on assessed live briefs developed in collaboration with employer and community partners.

The final stage, of integrating employability in the curriculum, brings the first two stages together, supporting students to engage in reflection to understand and articulate their professional and transferable skills, which aids both career decision making and making good quality applications for progression to work or further study.

Testimonials

"As a student in the UXD (User Experience Design) course, the integration of employability has been incredibly beneficial. The course bridged academia and industry by bringing in external experts and working with a real client, which made the curriculum both practical and relevant. This approach has helped me develop real-world skills and build valuable industry connections."

School of ACT, Interactive Media, Final Year student

"I liked that you gave us insight into job sectors that previous graduates have chosen and the information about when to apply for grad schemes and possible post grad education."

"I liked the breadth of information throughout, especially regarding real-world employment destinations and the comparison of marketable skills against those employers value."

English and Related Literature, Final Year students

"I found the session given to our department helpful as it reminded me of all the resources available via the University and encouraged me to make the most of them. After the session I booked a meeting with the Careers team at the University, which provides a space to seek advice, discuss options and plans as well as express any concerns or uncertainties. I was also reminded about York Profiles and Mentors, a service provided by the University which allows you to get in touch with alumni in a variety of industries and sectors. I got in touch with an English graduate working in a field that interests me, and we had a really helpful discussion over Zoom."

"I found the content shared in the department session reassuring, as it explained that as Arts and Humanities students we have so many career options and there are countless possibilities. It explained that Arts and Humanities graduates are unlikely to have a linear career as soon as we graduate but a 'squiggly' one, where we dip our feet into different roles and different industries to discover what we actually want to do. Once I realised this, it actually made the thought of job searching less daunting."

English and Related Literature, Final Year students

"Data Evidence and Policy significantly improved my employability as it pushed me to enhance and develop new skills. As well as pushing me to become well-accustomed to Excel (through creating pivot tables and conducting various calculations through the use of the software), the module enhanced my communication skills and ability to work in a team."

Economics, First Year student



SKILLS AND DEVELOPMENT

Careers and Placements supports student personal and professional growth within and beyond their academic endeavours. It's our job to ensure each and every student – from all backgrounds and life experiences – is prepared to meet employer expectations in the workplace: to highlight the key, transferable skills they are going to need and to help them appreciate those they already possess.

York Strengths

York Strengths is a sector-leading programme which offers students the opportunity to explore their transferable skills, discover their strengths (the things they are good at, and love to do), and understand what employers are looking for in a graduate employee. It focuses on the development of 'transferable' or 'core' skills, rather than knowledge or technical/discipline specific skills. These transferable skills are captured in the York Strengths Framework which was created in partnership with graduate employers, staff and students.

The emphasis of the programme is to enable students to build self awareness and confidence, and actively manage their personal and professional development, whilst at university and into their careers and life beyond. The programme is offered at scale with Development Sessions embedded in curriculum and interwoven in curriculum content for 16 departments, and several others actively integrating the programme using York Strengths Online.

"It was helpful to have a reflective assessment – using the York Strengths as a base – as it required me to reevaluate and critically examine my performance in the course.

The reflective assessment involved highlighting my strengths and recalling times where I had demonstrated these strengths; this process of reflection was highly beneficial as being aware of my strengths will enable me to use them to my advantage in future projects. Having reflective components to my degree allows me to reflect on my performance and implement change in the way I learn and approach both academia and my future career.

Applying the York Strengths and using them as a foundation is also extremely advantageous, as they are a helpful reference point that I can continue to refer to in the future and assess how well I am progressing in each strength – making my overall academic growth better."
Luchia Francis, Economics

1,872

attended a York Strengths Development Session (YSDS) 23/24

62%

said their careers confidence increased after identifying their strengths*

83%

would recommend the YSDS to a fellow student*

* Evaluation outcomes 23/24





On Track

On Track is an employability programme designed specifically for home students who are in receipt of a York Bursary or Care Leavers and Estranged Students Bursary. Through the programme, students:

- Begin to understand the value of, and build their own, professional networks
- Understand their mindset and behavioural styles and learn how to adapt confidently to new situations and contexts
- Develop and increase career confidence and employability to help them progress into graduate level, professional roles
- Help navigate opportunities to get involved at university
- Access other opportunities and gain an insight into professional workplaces and cultures

The following first year undergraduate On Track participant shares how the programme boosted their confidence in employability skills, whilst providing solace in a supportive group of peers:

"I signed up to participate in On Track because, coming from a low-income background, I felt that I did not necessarily have access to the same opportunities as other people from more affluent backgrounds who may already know people working within the industry I want to work in. Additionally, I felt that because of this, my skills and experience in certain areas of employability, such as networking and the ability to speak confidently to employers was lacking. Having completed the first year of the On Track programme, I can say that it has definitely made me feel more confident and understood at university."

"Through this programme I have been able to hear other people's experiences that resonate with my own and it has helped me feel more recognised and almost like I have become part of a small community with like-minded people. I also really liked the incorporation of guest speakers into the workshops; it was nice to hear some testimonies from people who have been in similar circumstances and have gone on to be quite successful."

"I would definitely recommend On Track to other students because not only does it allow you to build your employability skills but it also gives you the awareness that you're not on your own at university and other people are in similar circumstances."

"Through this programme I have been able to hear other people's experiences that resonate with my own and it has helped me feel more recognised and almost like I have become part of a small community with like-minded people."

On Track participant



York Award

The York Award is a formal award of the University that demonstrates to employers that a student has taken a proactive approach to life at university, and recognises personal and professional development within and outside your programme of study. York Award helps our students stand out from the crowd.

"This award is incredibly important to me as it reflects my hard work and dedication throughout my four years at the University of York. Achieving this award is the highlight of my time at university and is my proudest moment to date. The award has inspired me to try my very best at all future opportunities and to immerse myself into as many new experiences as possible. The award has shown to me the value of taking part in extracurricular activities and that offering your time to help other people is incredibly worth it."

Lauren Stanton, Psychology

"This award is important as it recognises and validates the hard work and dedication that students put in throughout their university years. Many individuals do not give themselves enough credit for their achievements, and this award encourages them to reflect on and take pride in their accomplishments. Additionally, it motivates students to continue striving for excellence and pursuing their goals. Finally, the award is important in opening up new opportunities for personal and professional growth, enhancing their resumes and helping them stand out in future endeavours."

Molly Pheseay, Geography and Environment



York Leaders

York Leaders advances the student's understanding of what it means to be a leader, whilst simultaneously exploring, celebrating and developing their existing leadership skills. The team also works with colleagues across the University to support student leaders to understand the transferability of their skills and experiences in the places where they fulfil important roles in college committees, as course reps, in running societies and in representative, advocacy and ambassadorial roles.

"York Leaders is an immensely important programme and I would absolutely recommend every student to sign up for it. I left my session feeling substantially more confident within myself and my ability to work in teams both within the University and in the wider world of work.

Learning about the Social Change Model of Leadership made me see leadership and group collaboration in a completely different light. I came to realise that, just because I am not exceedingly extroverted

or always the loudest voice in the room, I can still make meaningful contributions within a group setting. I achieved a high first in a group project after completing the session and I am certain that I would not have achieved nearly as highly in that module if I had not taken part in York Leaders and learned how to navigate leadership and group work in a highly productive yet positive way. The day itself was incredibly enjoyable and I absolutely loved meeting and interacting with people on other courses who I most likely would never have gotten the chance to talk with otherwise. Even though I didn't know anyone in my group I quickly felt very comfortable with them because the exercises we were tasked with completing together were fun, challenging, and naturally acted as good ice breakers.

Having the opportunity to build understanding that anyone can be a leader and influence positive change is an invaluable one, and the programme also looks excellent on a CV because it demonstrates that you are committed to bettering yourself and your ability to collaborate."
Maia Wensley, English and Related Literature – York Leaders participant 2024.

"The day itself was incredibly enjoyable and I absolutely loved meeting and interacting with people on other courses who I most likely would never have gotten the chance to talk with otherwise."

York Leaders participant, 2024





EXPERIENCE

Over the past year, hundreds of students have engaged in some form of invaluable work experience, be that through community volunteering, our Placement Year Programme, shorter term paid internships or work-based learning embedded directly into curriculum. The team works hard to engage a diverse range of employers for our students to secure work, from the large national institutions to local small and medium-sized businesses. Here's just a flavour of the fascinating opportunities our students have enjoyed throughout the last academic year.

Placement Year Programme

"Having studied Politics and International Relations for two years at York I recently completed a placement working for Unilever as a Digital Research and Data Analyst. Specifically this saw me working within the deodorant sector on the Leeds R&D site, with brands such as Axe (Lynx), Dove, Rexona (Sure), and many others across the world. The experience may be one of the most valuable from my university career so far with the process of applications and rejections and experiences within the placement itself leaving me feeling more confident and ready to approach life post university.

Throughout my second year I applied to around 35 different placement opportunities, from this I received 5 interviews, 3 final stages and 2 offers. Though this may appear daunting the process helped me refine my CV, improve my cover letter writing

and ensure I felt more confident at interview something which I will be able to carry forwards to future opportunities.

Frequently people appear to assume that a placement is simply fetching coffee and photocopying. This could not be further from the truth, from my first day I found myself completing meaningful work and within a month I found myself presenting to a director, as an expert on the subject. Every placement will maintain different expectations however regardless of where you quickly become treated as a standard employee. Despite my politics background I was trained in different forms of data analysis, programming and expected to present my own research while also travelling for work to different offices, events and factories across the UK."
Oliver Skinner, Politics with International Relations (with placement year) student and Placement Year Student Rep.

Internships

Nur Hassan (International Relations finalist) secured a Researcher and Content Writer internship with Picture News which led to a graduate job offer. Here Nur tells us what she gained from her experience:

"I remember when I did another internship last summer, I was very shy and not confident with any workload on my own. But I can definitely see the improvements since my internship at Picture News. I am now comfortable working on my own and know when to ask questions (I also had trouble asking questions before). Through my research on EAL teachers, I gained so much knowledge. Now, as I will be working full-time as an Education Consultant at Picture News, I hope to develop resources that help EAL teachers teach English and make it fun and interesting for learners. I wish to make learning enjoyable, not just something they have to do. I believe I have grown significantly because of

"The York Futures Scholarship has truly given me freedom to dedicate my time and energy to my personal and professional growth, providing a clear advantage as I move forward in life."

Anon



Nathan, student on placement

my working environment—everyone helped me from day one, which helped build my confidence over time.

I was very fortunate that Picture News decided to take me on as an intern, as I got to see the preparation done on the resources behind the scenes—the effort and time they put into it truly deserve a huge amount of respect. Now that I will be working with Picture News, not as an intern but in a full-time role, it feels like a dream has finally come true, and I can't wait to start!"

Year in Enterprise

The Year in Enterprise module offers final year students the opportunity to set up and run their own business with support and academic credit from the University. This student applied for and received a York Futures Scholarship award to help support them through the process:

"The York Futures Scholarship has made an incredible difference to me. Receiving this support allowed me to pursue a year-long placement that would have otherwise been out of reach. By taking away most of my financial burden, I not only was able to dedicate myself fully to gaining invaluable industry experience but also had the capacity to give back to the community through some volunteering work – as I understand first-hand the impact this work has on people's lives. This sense of balance between personal growth and social contribution is very rewarding.

Thanks to this support, I now feel more confident and well-prepared to enter an increasingly competitive

job market. Without the added stress of juggling an extra job or finances alongside my degree, I have been given the ability to focus on advancing my skills and gaining the necessary experience to pursue my career aspirations. The York Futures Scholarship has truly given me freedom to dedicate my time and energy to my personal and professional growth, providing a clear advantage as I move forward in life." *Anon*

Work-related learning

Besides the countless opportunities offered through our central Careers and Placements teams, huge focus has been placed on building work-placed learning into the curriculum. We were thrilled to have been awarded the Green Gown Award for our innovative Sustainability Clinic which forms part of York's suite of interdisciplinary modules and is available to students from across the University. To date, 300 students and 51 partner organisations have participated in Clinic projects, which bring together students and the local community to tackle pressing sustainability issues. Third year Environment and Geography student, George Warrick, shares how his contribution to the Crambe Grange Farm Project – focused on determining the biodiversity data of various fields – benefit not just himself and the project partner, but future students as well:

"The impact that the Sustainability Clinic project has had on me is great, and I am very appreciative of how it has allowed me to develop. Our partner was very appreciative for all we've done too. The impact for

Alison and the local area is also very important as she can use what we have done to improve the biodiversity of her farm, and can also pass on all that we've learnt to local farms. Future students can use what we have done when completing their own projects on the land. This means we've been able to help future students in the same position as us. When thinking on a larger scale, the impact of the project is one that have merit as we know that increasing the sustainability of farms worldwide is a key focus for ensuring the future of our society.

I've learnt so much from this experience, such as how to work in a professional manner, especially when liaising with our partner organisation. I have also learned how to plan and manage my time effectively. The key thing that the project involved was working well as a team. Finally, I have developed my own knowledge of ecological methodologies as well as ecological knowledge. All of these are invaluable for my future, so I'm incredibly grateful to have had the opportunity to develop them further in the Sustainability Clinic module."



EVENTS AND NETWORKING



A key ingredient to any careers support has to be the opportunity for students to begin making connections with employers. Our events and fairs open our doors to employers both locally and nationally and our careers platform, Handshake, gives students the chance to network online with fellow students, alumni and employers alike.

Employer events

The employer events we organise provide opportunities for students to hear from employers first hand but they also open cracks in the door for students to open. This year, Freya James attended an Environment and Geography consultancy workshop and subsequently connected with them about a possible summer internship.

"This summer I was fortunate enough to spend one month with Systra [a global Engineering and Consultancy company]. I found out about the company through a workshop organised by Angela and the Careers team at the University.

The workshop included a useful introduction into environmental consultancy as a whole and the importance of environmental services within the construction and engineering industry. Prior to the workshop, environmental consultancy was a career path that I was interested in exploring further. Therefore, following from the workshop, I contacted the company directly and was invited to interview promptly the following week.

My internship with Systra helped to develop my understanding of environmental consultancy when working on large scale sustainable transport and infrastructure projects.

Throughout my time with the company I was able to put the skills I have learnt so far on my Environmental Geography course to use, through working in multidisciplinary teams such as ecology, town planning and landscape architecture.

This work experience opportunity has opened so many doors for me and given me the knowledge that I need when applying for graduate jobs in my third year of University. I also believe that this process has significantly improved my confidence, from the interview process to liaising with different teams within the company."
Freya James, student

It was the employer event which initially led to Freya's internship and, having impressed Systra so much, led to conversations with their HR team about future opportunities.

Handshake stats

- In the last academic year **391 employers directly contacted students via Handshake** with 72% of student recipients opening the message
- In the last academic year **1,188 new employers connected with York** via Handshake
- In the last academic year **over 12,000 jobs were advertised** to York students via Handshake
- In the last academic year **over 20,000 applications from York students** have been tracked on Handshake
- Collectively, York students are proactively 'Following' 100 employers on Handshake, **totalling 9,638 'Follows' across these employers.**

Careers fairs

Almost 3,000 students attended careers fairs showcasing over 90 diverse employers:

"I always love York Careers Fairs, we have so many great conversations with lots of friendly, polite, interested and well engaged students!"

TeachFirst employer attendee





"Through various networking events and guest speaker sessions, I was able to establish valuable connections that I hadn't considered possible before."

UG2 On Track student



On Track

Of course, not all students have the confidence to make the most of the networking opportunities we provide, which is why we built some networking training into our On Track programme for students in receipt of a bursary:

"One of the most significant benefits of the programme was the opportunity to connect with professionals in my field. Through various networking events and guest speaker sessions, I was able to establish valuable connections that I hadn't considered possible before.

These interactions gave me a clearer understanding of what employers are looking for beyond grades and provided practical advice on how to showcase the experiences I did have. The experience has greatly improved my confidence, particularly in how I present myself to potential employers. I now feel more equipped to enter the job market, knowing that I have both the academic foundation and the practical skills that are valued by employers.

I would highly recommend the On Track programme to other students. It offers a holistic approach to career development, helping to bridge the gap between academic achievements and real-world employability."

UG2 On Track student

Careers In...

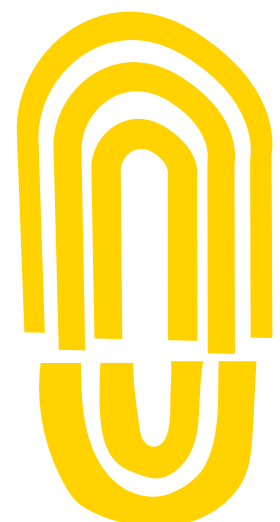
Almost 200 students attended this year's 'Careers In...' events, where York graduates and professionals working in a variety of roles and industries engage students in a series of panel events; one for each faculty. The panel session is followed by a chance to speak directly with the guest speakers, over drinks and nibbles.

The range of industries our students are successful in is large and varied. This event is designed to welcome employers who don't typically attend large careers fairs, or recruit via a graduate scheme, but who offer opportunities that align with our student's career ambitions. The event provides students with insights into current trends and routes into specific areas of employment, what employers

will be looking for in potential graduates and the opportunity to be inspired by diverse graduate role models who are honest, encouraging and motivating.

"This evening I had the pleasure of attending a panel discussing careers in digital heritage, museum policy and management... I... gained so much valuable advice on how to enter and navigate this sector. Of particular interest was the discussion of the intersection of business and creativity in the industry, and the emphasis on translating your passion and knowledge of a subject into an effective medium for public engagement. Thank you to the Careers team for putting on this event, and I look forward to putting the advice gained into action!"

History graduate



Coming soon:

The launch of the **York for Life platform 2025** introduces a brand new opportunity for alumni to connect and support one another in their life and career. A digital space connecting a physical place, where alumni, students and staff gather to keep on learning, sharing and thriving.





INFORMATION, ADVICE AND SUPPORT

Our central Careers and Placements service on campus has responded to over 8,500 enquiries and appointment requests over the last academic year. Students have the flexibility to visit our enquiry desk in person – Monday to Friday – attend our Drop-In service, message us over Handshake, book a range of appointments or contact us by both phone and email. In addition, our Information and Engagement team proactively email each student cohort with tailored employability information and inspiration, as well as posting relevant opportunities and stories on Instagram.

"This was a really helpful meeting. I was provided with lots of really useful resources and feel more chilled about the working world next year!!"
Environment and Geography undergraduate

Careers and Placements acknowledges and supports diversity. Our professional staff work hard to support students from all backgrounds and over the course of the year have implemented new support packages for our International students, as Umar Zulkefli reports: "As an international student from Malaysia, studying

Economics at another continent 10,000 km away from home is both exciting and daunting experience. With so much to do and develop academic and career wise, it's easy to feel overwhelmed, but the support from the Careers and Placements department has made a huge difference. In my role as an International Careers Ambassador, I've had the privilege of working with Tom and Jessica to help bridge the gap for international students who may be unfamiliar with the opportunities and resources available to them.

One of the most rewarding experiences has been co-running the English for Employability sessions alongside my colleague Sumeyye. These sessions aim to help international students develop their interview and conversational English skills. They have been very well-received, with students not only improving their language skills but also building confidence.

Beyond language learning, these sessions have created a space for international students to connect, ask questions, and discover additional resources that may otherwise have

Testimonials

"I liked their soft tone and the peaceful way they spoke. I was very stressed but they allowed me to speak and I feel very happy now."

"I cannot thank you enough for these precise and thoughtful suggestions. I have already incorporated them and will make my future applications accordingly. I appreciate your time very much. I will definitely keep in touch with the Careers Team. You made my first experience the best I could ask for!"

"It was good talking with the team, getting good feedback and guidance on my questions. Initially I was a bit tense but I really feel better now."

gone unnoticed.

We've also incorporated CV reviews into our sessions, run by fellow students, which has provided even more tailored support. The combination of workshops, peer reviews, and a welcoming environment has made the Careers department a vital resource for international students, offering a sense of belonging and practical support. Ultimately, these initiatives have made the experience of studying far from home a lot less intimidating, fostering both personal and professional growth for all involved."

Careers and Placements 'What Do You Actually Do?' Podcast

To help our students explore what different careers actually involve, our regular podcast, *What Do You Actually Do?* lifts the lid on what specific job roles involve. Inspiring guests, who are often York alumni, act as role models for our students and speak on a very human level sharing both their doubts, fears and challenges as well as their confidence, hopes and success stories.

"I've spent my whole career interviewing people or giving them advice about how to be interviewed, but never actually being interviewed. So I was pretty terrified when Kate Morris asked if I'd come on the University of York's brilliant *What Do You Actually Do?* podcast. But they say do the things that scare you, and so I did and here it is. I spoke about journalism, tv producing, climate

communications and career change.

The idea for this podcast (digging into the nitty gritty of what people's jobs involve and how they got into them) is inspired and I loved listening to some of the previous interviews and finding out what it's like to do market research for museums or work for the National Grid. Definitely check it out if you know someone who's at the stage of trying to work out where they want to work, or like me, you just love being given a window into someone else's life."
Podcast guest, Molly Watson, Media and Communications Officer, UoY and former BBC Senior Journalist

York Future Scholarships

These scholarships are designed to support current undergraduate home students to access employability experiences.

"It [the scholarship] will open doors for me by allowing me to travel further to placements and not be restricted by transport routes."
Round 3 23/24 awardee

"This scholarship will make a massive difference to me, as the experiences it will help me attain will greatly contribute to my career path. Attending two vacation schemes grants me the chance to be offered a training contract at the end of the scheme, which would secure my dream career path as a commercial solicitor. Even by just attending the schemes, it's an amazing thing to include on my CV, so I am very grateful!"
Round 3 23/24 awardee

Testimonials

"I just wanted to let you and the Careers team know that I have been successful in my application for the job of Visitor Experience team member with Yorkshire Museum Trust. I am grateful for all the mock interview sessions I received as they helped me perform well at my interview. The sessions were really beneficial and helped me to learn how to answer questions calmly. Thanks for all your help!"

"One of the things that I took out of the experience was the lesson to take every opportunity as it comes. Whether that was the workshops that were offered on the program or the one-to-one careers coaching, both really helped me in terms of confidence. I believe that the one-to-one coaching really helped me realise my potential and therefore helped me when I was considering what I wanted to do in the future."

"I would highly recommend careers coaching to any student. Especially if like me, you have a disability or other circumstance that can make applying for jobs seem intimidating...The support felt very personalised; it was always tailored towards achieving my specific goals."

History graduate

"York's career and employability provision is exceptional. From the insightful events to the personalised appointments, every interaction has been invaluable. What truly sets York apart is the commitment to student success and the genuine care for individual growth. Thanks for being a part of my journey!"

**Mardan Nasier,
MSc Electronic Engineering**





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