**Your Career Journey**

Fully accessible version available online at york.ac.uk/york-futures

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### First Year

- Be open to possibilities and find out what motivates you.
- Apply for internships and placements.
- Take part in Taster Days.
- Attend a York Strengths Development Day in spring or summer.
- Update your CV if you haven’t already.

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### Second Year

- Use what you know about yourself to gain relevant work experience.
- Apply for the York Award Wks 1-5.
- Check closing dates of internships, placements and study abroad.
- Book an appointment with Careers staff.
- Get involved in student life through USU.
- Register for the Placement Year by 20 January 2020.

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### Final Year

- Make good quality applications for graduate work or further study.
- Apply for the York Award Wks 3 & 4.
- Graduates Job Fair Wk 3.
-運用 the tools and support of Careers and Placements.
- Book an appointment with Careers staff if you need more help.

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### How to do it

- Have met people and gained confidence through involvement with clubs, societies and college activities.
- Have started to gain experience through volunteering, internships or enterprise.
- Have attended Careers events and seminars to support your career.
- Have developed a better understanding of your strengths and skills.
- Have updated your CV.

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### By the end of your first year you’ll

- Have built more work experience through internships, volunteering, enterprise or study abroad.
- Have attended Careers events and seminars to support your career.
- Have developed a better understanding of your strengths, skills and experience through the York Award.
- Have updated and tailored your CV.

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### By the end of your second year you’ll

- Have gained confidence in what you have to offer an employer or postgraduate course.
- Have an understanding of recruitment processes and how to succeed in interviews, assessment centres and applications.
- Have a clear sense of direction for life after graduation.
- Feel positive about the future as a York graduate.