YOUR CAREER JOURNEY
YOUR FUTURE, YORK FUTURES

SUMMER 2020
SPECIAL EDITION

FIRSTE YEAR
Be open to possibilities and find out what motivates you

2019/20
A BRAVE NEW WORLD

SUMMER-TERM
Start or update your CV

ExploRE volunteering and work experience opportunities in your local community and online

Listen to our podcast, What Do You Actually Do?, to find out what different careers are actually like

Dip into virtual employer events

Stay supported Use the Big White Wall and University wellbeing resources

Complete York Strengths Online, from Wk 7

Create a LinkedIn profile and start to network online

Attend the virtual work experience event, Wk 7

VACATION
Rest! Remember to take some time out to recover from this strange term

Explore volunteering and work experience opportunities in your local community and online

Research changes to internships, placements and sectors for Autumn 2020

SECOND YEAR

By the end of your first year you’ll

- Have met people and gained confidence through involvement with clubs, societies and college activities.
- Have started to gain experience through volunteering, internships or enterprise.
- Have completed the York Strengths Programme and developed a better understanding of your personal strengths and motivations.
- Have reviewed your CV through the online CV checker.

How to do it

- yusu.org
- york.ac.uk/colleges
- york.ac.uk/careers/work
- york.ac.uk/york-strengths
- york.ac.uk/careers/applications