Careers is committed to ensuring that all students have access to the facilities, services and events on offer. If you need any help accessing our services please contact us to make individual arrangements.

Where are we?
Careers is located in a single story building near the centre of the university campus next to the central car park. Access is through the doors at either end of the building – wheelchair users may find the entrance at the Student Financial Support Unit end of the building easier to use as the doors are wider. Information Room resources are available for students to use anytime during opening hours and staff are always available to offer any help you may need.

Services

Appointments:
We offer career advice and careers information appointments, CV/application reviews and practice interviews. Details of these and how to book your appointment are at: www.york.ac.uk/careers/advice. Following your initial appointment, depending on your personal situation, a referral can be made for a longer appointment.

If you feel you would like more time during your initial meeting (for example to discuss issues relating to health or disability) or if you need to be interviewed in an alternative location because of access difficulties, please contact us to make arrangements – ring 01904 322685, or email careers@york.ac.uk.

Please let us know in advance if you require any particular adjustments to enable you to access this service. You are welcome to invite your support worker to a careers appointment, and are welcome to contact us to book in advance at a time which will suit everyone.

E-guidance
You can also use our e-guidance service for queries if you are unable to come to Careers. You can access this through Careers Gateway: www.york.ac.uk/careers/gateway

Careers Events
Careers runs a wide range of events throughout the year at various locations throughout the university, some of which are specifically designed for students with disabilities. These are all advertised through the Careers Gateway section of our website (some events require you to book online). Please let us know beforehand if you need any adjustments to allow you to participate fully in the event.

If you need any further help or information about using Careers please contact us.

Useful links and resources
Please keep a check our website to find out the latest news and support for students with disabilities www.york.ac.uk/careers/students and click on Students with disabilities.

This list outlines some of the key organisations who offer support, work experience or employment opportunities for disabled students and graduates. It is not an exhaustive list. It is always worthwhile contacting employers directly to try to organise work experience and find out about opportunities for employment. Specific disability organisations may also have secured funding to develop work experience or employment projects for their particular client group.
Action on Disability & Work UK provides advice and support for individuals and businesses (including information on Access to Work) www.adwuk.org

Action on Hearing Loss (formerly RNID): provide unpaid work placements for deaf and hard of hearing people. Email them at volunteering@hearingloss.org.uk with a CV and details of the type of work experience you are interested in. Also have details of employment opportunities: www.actiononhearingloss.org.uk/

Careers advertise relevant opportunities for work experience, internships or graduate employment on the Careers Gateway section of the website. External events specifically aimed at students with disabilities are advertised in the News section.

Disability Jobsite provides CV and interview guidance along with advertisement of vacancies in the commercial, educational and public sectors www.disabilityjobsite.co.uk

The Disability Service at the University of York offers advice and support to all students and staff at the University: www.york.ac.uk/admin/disability

Diversity Jobs advertises opportunities with organisations, which are committed to creating a diverse workforce www.diversityjobs.co.uk

Diversity Matters section of the Target Jobs website gives tips and advice on finding disability-positive employers, marketing yourself, disclosure and discrimination. http://targetjobs.co.uk/careers-advice/equality-and-diversity

BBC Extend Scheme: Paid 6 month work experience scheme starting October each year (apply by early May), offering disabled graduates the opportunity to gain extensive experience and then compete for jobs in their chosen field within the BBC: www.bbc.co.uk/jobs/extend

Blind in Business: Helps blind and partially sighted students into work through training and employment services, including application help, interview practice and coaching: www.blindinbusiness.org.uk


Deaf UK Jobs: A vacancies list for deaf related jobs; subscribe at www.alisonbryan.com/dukj/

Disability Rights UK was formed through a unification of Disability Alliance, Radar and National Centre for Independent Living. Website contains information about careers and employment rights, and a downloadable guide: Doing Careers Differently. Follow the links from the home page to How we can help – Careers: www.disabilityrightsuk.org

EmployAbility is the not-for-profit organisation dedicated to assisting people with all disabilities into employment. The organisation has strong links with universities, other disability organisations and many other key stakeholders and works with disabled undergraduates and graduates to ease the transition from education to employment; they advertise internships and graduate jobs: www.employ-ability.org.uk


Exceptional Individuals works with employers and candidates to encourage employers to hire people with dyslexia: www.exceptionalindividuals.com

Gov.uk: Information on a range of government employment support initiatives and rights whilst in work; and benefits you may be able to claim (eg Job Seekers Allowance or Employment and Support Allowance if you are not working): www.gov.uk
Greatwithdisability.com has a student toolkit giving advice on the recruitment process, including interviews and disclosure and a discussion forum, and a career opportunities section with information on employers and current vacancies, as well as some great case studies: www.greatwithdisability.com/

Lawyers with Disabilities (Division of the Law Society) promotes equal opportunities for people with disabilities within the legal profession; free membership includes a mentoring scheme: www.lawsociety.org.uk/communities/lawyers-with-disabilities/

Leonard Cheshire Disability support disabled people to find and remain in work, and to run their own business; they have a downloadable career guide, This is Your Future, and support paid internships via the Change100 scheme: www.leonardcheshire.org

Remploy provides a suite of on-line employment services to help you with looking for jobs and the application process (you have to register to access these), and live chat with an iAdvisor (weekday mornings, 10-4 at weekends), as well as case studies and a blog. www.remploy.co.uk.

RNIB has information on preparing for employment, looking for work and practical support; they also offer unemployed blind and partially sighted people a paid job for 50 weeks or until alternative employment is found via their Trainee Grade Scheme. For further details contact the RNIB on tel: 020 7391 2038 or see their employment pages: www.rnib.org.uk (click on Information for everyday living, then Work and employment).

Shaw Trust A national employment charity which provides support for disabled people finding jobs and preparing for work: www.shaw-trust.org.uk/home

Scope provide information for disabled job seekers and employers www.scope.org.uk (click on Support and information, then Work).

The National Autistic Society offers support for job seekers and people in work, as well as factsheets and training for employers to support people with autism and Asperger syndrome. www.autism.org.uk (click on Information for adults with autism, and then Employment).

Remember - many employers and organisations will have schemes and support specifically for students or graduates with disabilities. Please check their websites for details, or contact them directly with queries.

The Murrell Fund for Disability Support is a fund managed by the University of York’s Student Support Services which may be able to help you with expenses related to work applications and interviews, or courses to improve your employment opportunities www.york.ac.uk/students/housing-and-money/financial-support/hardship/murrell/

Please note: The websites listed here are not intended to represent a comprehensive list. Careers cannot be held responsible for the content of external websites.