

New international  
undergraduate  
students 2015/16

UNIVERSITY *of* York



# Welcome

What to do before you arrive



# Welcome to York!

Congratulations on achieving your place at university and thank you for choosing York.

The beginning of term will be here before you know it. This leaflet highlights the most important things to consider **before you get here** and is a guide to what happens next. You should read this alongside our New Undergraduate Welcome pages and the International Student Support pages for the full picture of everything you need to know and do before you arrive.

[www.york.ac.uk/students/welcome](http://www.york.ac.uk/students/welcome)

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# Where to go for the information you need



Most of the information you will need is on our website.

## Before you get here

### International Student Support pages

These contain all the information you need for living and studying in York, including a pre-arrival checklist to make sure you're fully prepared.

[www.york.ac.uk/internationalsupport](http://www.york.ac.uk/internationalsupport)

### New Undergraduate Welcome pages

A useful introduction to life at the University of York with all the information you need to know before you get here.

[www.york.ac.uk/students/welcome](http://www.york.ac.uk/students/welcome)

## When you arrive

### Student Home page

You can log in as soon as you set up your IT account. This is your personalised homepage. It has your timetable, Library account, departmental links and tailored news, events and reminders.

[www.york.ac.uk/students](http://www.york.ac.uk/students)

### Pre-departure briefings

Admissions will be running a number of pre-departure briefings in certain countries or online. They will contact you if they are taking place in your area.

## What we'll provide

We have put together a set of publications to answer any questions you might have.

## Before you get here

### Welcome pack

This contains information you will need before you arrive.

This welcome pack will be issued to all new undergraduates when their place at York is confirmed.



For international students

## When you arrive

### Handbooks

These are essential reference guides for your academic studies and life at York.

Both handbooks will be given to you by your department during Welcome Week.



For UK and EU students



A copy of the University Handbook can be found at [www.york.ac.uk/students/studying](http://www.york.ac.uk/students/studying)



# The systems you will use and things you need to do first

You may not be familiar with some of the IT systems used at York, so here is a quick summary of the first systems you will encounter and some of the things you'll need to do as soon as you can.

## Your IT account

Directions on how to set up your IT account (including your username and password) will be sent with your joining instructions to your personal email account as soon as your place at the University is confirmed. **Keep your password safe and do not share it.**

**You need to set up your IT account at <https://idm.york.ac.uk> to enable you to access the University's IT facilities, and to complete important pre-arrival tasks.**

## e:vision

e:vision is your view of your student record – the personal information you have given to the University.

You can log in to e:vision using your IT account's username and password to access and update your details online.

For any further enquiries about e:vision, contact [enrol@york.ac.uk](mailto:enrol@york.ac.uk).

<http://e:vision.york.ac.uk>

### Tasks to complete on e:vision before term starts:

- 1 Enrol online as soon as possible.
- 2 If you are booking University accommodation view your application and check your booking details.
- 3 Join a college and pay your membership fee.
- 4 Upload a photograph for your University Card (see page 16).
- 5 Set up Direct Debit payments for accommodation (if on campus) and tuition fees (if you're not receiving student finance).
- 6 Upload a copy of the page of your passport with your personal details on it and your visa (if you require one to study in the UK). The University is legally required to keep a record of these.

## For further information, contact:

### IT Services – for any IT issues

Tel: +44 (0)1904 323838  
[itsupport@york.ac.uk](mailto:itsupport@york.ac.uk)  
[www.york.ac.uk/it-services](http://www.york.ac.uk/it-services)

### Registry Services – for enrolment queries

Tel: +44 (0)1904 322136  
[enrol@york.ac.uk](mailto:enrol@york.ac.uk)



## University email

When you have set up your IT account, you will be given an email address with the format [username@york.ac.uk](mailto:username@york.ac.uk).

<http://mail.york.ac.uk>

**Please note:** From now on, all email contact from the University, departments, colleges and services will be sent to your University email address, so check it regularly.

## Virtual Learning Environment (VLE)

York has a Virtual Learning Environment (VLE) called Yorkshare.

This is used by departments to communicate with students and hosts study materials and support.

**Please note:** Some departments prefer to communicate this information on their website or via other online platforms. Your department will give you details and links.

<http://vle.york.ac.uk>

### Use the VLE to:

- 1 Check if your department hosts a Preparing to Study site which provides useful pre-study materials. A list of these is provided on the New Undergraduate Welcome pages under Starting your studies (see page 11).
- 2 Take a look at the Academic Skills tutorials to get an idea about what is expected of you in your studies and any areas where we can offer you support (see page 11).
- 3 Explore the employability tutorial to start thinking about how to get the most out of your personal development plan at the University (see page 13).

You can access the VLE from the top bar of the student homepage: [www.york.ac.uk/students](http://www.york.ac.uk/students).

## SafeZone App for your phone

SafeZone gives you quick access to three key services:

- emergency calls
- help desk calls
- first aid calls

Download now from [www.safezone.com](http://www.safezone.com) and sign up using your York email address. For more information visit [www.york.ac.uk/safezone](http://www.york.ac.uk/safezone)

Now visit

[www.york.ac.uk/students/welcome](http://www.york.ac.uk/students/welcome) and  
[www.york.ac.uk/internationalsupport](http://www.york.ac.uk/internationalsupport)

for the full list of things to do next



# Visa requirements

If you are from outside the European Economic Area (EEA) or Switzerland, you will need a Tier 4 (General) visa to study in the UK.

## Top five things to do or know...

**1** Please do not arrive in the UK without obtaining a relevant visa first. You must also ensure you pay the immigration health surcharge and include the payment reference number with your Tier 4 visa application.

Please also note students from certain countries are required to register with the Police within seven days of arriving in the UK. Find out if you need to register.

**2** If studying at the University for **fewer than six months** you can get a short-term study visa. However, be aware of the restrictions on this visa, and make sure you get it before you travel. Certain nationalities are able to apply for a short-term study visa on arrival in the UK, **but** this is not recommended because of the risk of being refused and sent back to your home country.

**3** Check if it is a condition of your visa to undergo tuberculosis (TB) screening, which is mandatory in some 'high-risk' countries.



*"It's important you arrive in the UK with all the right paperwork"*

**4** Some science-based courses require an Academic Technology Approval Scheme (ATAS) certificate which can take several weeks to obtain, so make sure you factor in this extra time.

**5** You will be issued with a temporary travel document and must collect your visa on arrival in the UK. Make sure you upload a copy of your visa and passport details page on e:vision. For more information on your obligations as a sponsored student see [www.york.ac.uk/tier4](http://www.york.ac.uk/tier4).

To complete these tasks and find out more, visit [www.york.ac.uk/immigration](http://www.york.ac.uk/immigration)



## For further information, contact:

### Immigration Advice Service

Tel: +44 (0)1904 324140  
[immigration@york.ac.uk](mailto:immigration@york.ac.uk)



It is important you have enough money to last you for the year, so take the time to understand the costs of living in York, including food, accommodation, laundry, books, equipment and social activities. Read the **Essential Financial Information** booklet included in your Welcome Pack and keep hold of it for future reference.

## Top five things to do or know...

**1** To find out how to make accommodation or tuition fee payments, see [www.york.ac.uk/international-students/paying-fees](http://www.york.ac.uk/international-students/paying-fees). Tuition fees can be paid after arrival at the University and in instalments.

**2** You will need a UK bank account. Research banks to decide where you would like to open an account in the UK. Visit [www.york.ac.uk/international-students/money](http://www.york.ac.uk/international-students/money).

**3** Make sure you have enough cash or travellers cheques with you to buy food and other essential items while you collect your visa and open a UK bank account. It may take three weeks or more before you can open an account.

If you are a student from the US applying for Direct Loans please do not set up a direct debit for the payment of fees, the University will take any money owing when your loan arrives.

**4** Check whether the country you are leaving imposes any restrictions on the amount of money you can take out. If you are travelling from a country outside the EEA and bring more than 10,000 Euros in cash, travellers cheques or banker's drafts, you will be required to declare the amount on arrival at UK customs control.

**5** If bringing family members, make sure you have budgeted for the extra cost of accommodation and childcare, which can be expensive. Check [www.york.ac.uk/international-students/accom](http://www.york.ac.uk/international-students/accom) for information on accommodation costs. For more information on childcare provision, visit [www.york.ac.uk/international-students/childcare](http://www.york.ac.uk/international-students/childcare).

To complete these tasks and find out more, visit [www.york.ac.uk/students/welcome/finances](http://www.york.ac.uk/students/welcome/finances)



You can download a copy of the Essential Financial Information booklet from [www.york.ac.uk/students/welcome](http://www.york.ac.uk/students/welcome).

## For further information, contact:

### Student Financial Support Unit

Tel: +44 (0)1904 324043

[sfsu@york.ac.uk](mailto:sfsu@york.ac.uk)

### Student Support

Tel: +44 (0)1904 324140

[student-support@york.ac.uk](mailto:student-support@york.ac.uk)



# Accommodation and things to bring

It is very important that you have found somewhere to stay in York before arriving in the UK.

## Top five things to do or know...

- 1** Make sure you have applied for accommodation. You are guaranteed accommodation if you apply by 31 July 2015. For information on how to find campus or private sector accommodation visit [www.york.ac.uk/accommodation](http://www.york.ac.uk/accommodation).
- 2** Join the University of York Students' Union (YUSU) and your college's Freshers' Facebook pages to get to know other students before you come.
- 3** Decide what to bring with you. See information on packing your bag at [www.york.ac.uk/international-students/packing](http://www.york.ac.uk/international-students/packing) and on the New Undergraduate Welcome pages.
- 4** Know the time and date you need to arrive at your college and look out for your Second and Third Year Contacts (STYCS) who are there to help you (see page 17).
- 5** Find out what is happening and what facilities are open near your college during your first weekend (see pages 14 and 15).

To complete these tasks and find out more, visit [www.york.ac.uk/students/welcome/home](http://www.york.ac.uk/students/welcome/home)

## Term dates 2015/16

Arrivals Weekend –  
undergraduate International  
25 – 27 September 2015

Autumn Term  
28 September 2015 – 4 December 2015

Spring Term  
4 January 2016 – 11 March 2016

Summer Term  
11 April 2016 – 17 June 2016

## Alternative term dates

Your term dates may vary if you're a student in the following departments or on a certain type of course. These include:

- Health Sciences
- Hull York Medical School (HYMS)
- Extended degree programmes

Please be aware that the nature of your course means that attendance at University or work placement may fall outside the standard University of York term dates. Check with your department for further details.

## For further information, contact:

### Accommodation Services

Tel: +44 (0)1904 322165  
[accommodation@york.ac.uk](mailto:accommodation@york.ac.uk)

### Student Support

Tel: +44 (0)1904 324140  
[student-support@york.ac.uk](mailto:student-support@york.ac.uk)

### Catering

Tel: +44 (0)1904 328413  
[catering@york.ac.uk](mailto:catering@york.ac.uk)


# Travelling to York



Airport collection will be available to students arriving at Manchester airport on Friday 25 and Saturday 26 September. Coaches will leave the airport on a regular basis throughout the day from 10.00am until the final coaches at 3.30pm. There will also be free coaches on these dates from York Railway Station to the University campus from 10.00am to 6.00pm. **Visiting students please check your accommodation contract before booking flights and airport collection.**

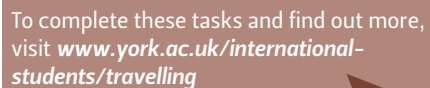
## Top five things to do or know...

- 1** Make sure you **book a place in advance** if you are going to use the airport collection. See [www.york.ac.uk/international-students/collection](http://www.york.ac.uk/international-students/collection).
- 2** If you are unable to use the airport collection, travelling to York is generally straightforward. Make sure you know how to get here by looking at the relevant international student support pages. See [www.york.ac.uk/international-students/travelling](http://www.york.ac.uk/international-students/travelling).
- 3** Please carry your passport, visa letter, unconditional offer letter, relevant qualification certificates, accommodation confirmation email and money in your hand luggage.
- 4** Insure belongings against loss, theft or accidental damage as these are not covered by University insurance. See [www.york.ac.uk/international-students/insurance](http://www.york.ac.uk/international-students/insurance).
- 5** Look at our **pre-arrival checklist to make sure you are fully prepared for**



*“Make sure you plan your journey to York before you travel”*

**your arrival in York** and take time to prepare emotionally and culturally for living in another country. See [www.york.ac.uk/international-students/checklist](http://www.york.ac.uk/international-students/checklist).



To complete these tasks and find out more, visit [www.york.ac.uk/international-students/travelling](http://www.york.ac.uk/international-students/travelling)

## For further information, contact:

**International Student Support Co-ordinator**

Tel: +44 (0) 1904 324140

[International-support@york.ac.uk](mailto:International-support@york.ac.uk)



# College and community

York is one of a handful of UK universities with a collegiate system. In your first weeks your college will help you settle into life at university and will then become an important part of your student experience.

## Top five things to do or know...

- 1** Join a college and become a member of a fun and supportive community that will help you develop skills and interests outside of your course. Your college is where you will live in your first year and sometimes beyond. If you are not in University accommodation you can choose which college you would like to join.
- 2** Pay your college fee which is based on the number of years you will be studying and gives you access to college facilities, events, activities and support.
- 3** Check out the societies and clubs run by the University of York Student Union (YUSU) and plan to try out a new hobby or interest. You can sign up to these during Freshers' Week.
- 4** Get your tickets for the YUSU and college events being run in your first few weeks, and attend any welcome events run by your department. This is a great way to meet other students from your college and your course.

*"Coming to York means you're joining a community that will support you in your academic and personal success"*

- 5** Look out for student membership offers and discounts with York Sport to make use of our extensive sports facilities.

To complete these tasks and find out more, visit: [www.york.ac.uk/students/welcome/welcome-week](http://www.york.ac.uk/students/welcome/welcome-week)

## For further information, contact:

### University of York Students' Union (YUSU)

Tel: +44(0)1904 323724  
[enquiries@yusu.org](mailto:enquiries@yusu.org)

### York Sport

Tel: +44 (0)1904 325751  
[info@york-sport.com](mailto:info@york-sport.com)  
[www.york-sport.com](http://www.york-sport.com)

### Colleges and contacts

[www.york.ac.uk/colleges](http://www.york.ac.uk/colleges)

# Starting your studies



You are about to join a prestigious academic community. Make sure you are ready to start your studies by preparing before you arrive.

## Top five things to do or know...

**1** Find out about the support and opportunities available for you to improve your skills (academic writing, maths, IT or language) by searching the Student Skills Hub, or improving your English with the Centre for English Language and Training (CELT).

**2** Take a look at any pre-study materials provided by your department such as **reading lists**, module choice information or essential equipment you will need. Some departments have a specific **Preparing to Study site** (sometimes on the VLE),\* or have areas on their web pages for new students.

**3** During your first few weeks your department will make arrangements for you to meet your academic supervisor. While most students will need to meet with their supervisor at least once a term, students needing a Tier 4 visa will need to meet with their supervisor at least twice a term. Check with your department for further details.

*“At university you will be expected to take more responsibility for your own learning than before”*

**4** Go to **Information for New Users** on the IT Services web page for advice on how to connect to the internet from your study bedroom. Take a look at the Library and study space facilities available to you at York.

**5** Be aware you will need to complete the **Academic Integrity Tutorial** on the VLE as early as you can in your first term. This will clarify the academic behaviour the University expects of you as a student. This is on the VLE in your module list.

To complete these tasks and find out more, visit [www.york.ac.uk/students/welcome/studies](http://www.york.ac.uk/students/welcome/studies)

\*NB: The Preparing to Study sites will become live over the summer. See page 5 for information on the VLE.

## For further information, contact:

### University Library

Tel: +44 (0)1904 323873  
lib-enquiry@york.ac.uk  
[www.york.ac.uk/library](http://www.york.ac.uk/library)

### IT Services

Tel: +44 (0)1904 323838  
itsupport@york.ac.uk  
[www.york.ac.uk/it-services](http://www.york.ac.uk/it-services)

### Student Skills Hub

[www.york.ac.uk/student-skills-hub](http://www.york.ac.uk/student-skills-hub)  
**CELT** [www.york.ac.uk/celt](http://www.york.ac.uk/celt)



# Health and wellbeing

All students are entitled to some free healthcare provided by the National Health Service (NHS) in the UK, including certain emergency treatment, family planning services and psychiatric care. Thereafter, you will be entitled to different levels of free healthcare depending on whether your course is for six months or more, and if you are a student from the EEA or from outside the EEA.

## Top five things to do or know...

- 1** Check what healthcare you are entitled to. If you are on a course of less than six months, students applying for Tier 4 visas will be expected to pay the Immigration Health Surcharge when completing their application, as a contribution to the National Health Service (NHS).
- 2** If you have a disability, specific learning difficulty, mental illness or medical condition, ensure the University's Disability Services are aware of any additional support you require. Tell them now so that arrangements can be made before you arrive.
- 3** Make sure you are up to date with your immunisations such as Meningitis, MMR and TB screening if required.
- 4** During your first week register with Unity Health (the health centre on-campus) you can do this online, or with a local doctor's practice (also called a General Practitioner or GP). Sign up sessions will be advertised

*"We provide support for your educational, physical, spiritual and emotional wellbeing to help you stay happy and healthy at York"*

during Welcome Week – don't wait until you feel ill.

- 5** Make sure you know what to do and who to turn to if you need support or if things go wrong, by looking at the relevant information on the New Undergraduate Welcome pages. Emergency contacts can also be found on page 16.

To complete these tasks and find out more, visit [www.york.ac.uk/students/welcome/wellbeing](http://www.york.ac.uk/students/welcome/wellbeing)

## For further information, contact:

### Student Support

Tel: +44 (0)1904 324140  
student-support@york.ac.uk  
[www.york.ac.uk/student-support-hub](http://www.york.ac.uk/student-support-hub)

### Unity Health (on-campus health centre)

Tel: +44 (0)1904 721820  
[www.unityhealth.info](http://www.unityhealth.info)

### International Student Support Co-ordinator

Tel: +44 (0)1904 324140  
international-support@york.ac.uk

# Your career



Successful graduates need to hit the ground running in their first year – exploring career options, developing skills and work experience, including part-time work. Into the second year, it's all about getting more specific work experience relevant to your career of choice, be it summer internships, substantial volunteering projects or planning a year in industry. In your third year it is time to pull it all together as you compete for graduate jobs and/or further study.

## Top five things to do or know...

- 1** Get work experience. Graduate employers are looking for candidates with a wide range of experiences on their CV from volunteering, to part-time work, to internships and placements. Start early and don't miss out on the many opportunities available.
- 2** Use the online employability tutorial to help you make sense of the experiences and skills you gather at York, and make the next step on your chosen career path. It will also help you apply for the York Award in your first year.
- 3** Use *Careers* – let us support you on your way to becoming a successful graduate from the start. Tap into employer events, industry insights, CV, application and assessment centre support, plus a wide range of opportunities to build experience and more. Also look out for careers activities in your departments.

*“Getting involved in volunteering and work experience to enhance your skills and show commitment will impress potential employers later on – so don't miss out! It's never too early to start thinking about your future career”*

- 4** Follow us on Twitter (@UoYCareers) and Like us on Facebook ([www.facebook.com/yorkcareers](http://www.facebook.com/yorkcareers)) to get the latest from *Careers*.
- 5** Find part-time work on- and off-campus through the Careers Gateway. For information on working during your studies, including restrictions for non-EEA students, visit [www.york.ac.uk/careers/international](http://www.york.ac.uk/careers/international).

To complete these tasks and find out more, visit [www.york.ac.uk/students/welcome/career](http://www.york.ac.uk/students/welcome/career)

## For further information, contact:

### Careers

Tel: +44 (0)1904 322685  
[www.york.ac.uk/careers](http://www.york.ac.uk/careers)  
[careers@york.ac.uk](mailto:careers@york.ac.uk)



# Arriving at York and welcome

1

## Getting to the University

The University of York is well supported by national public transport and has easy access to major road networks. For detailed maps and directions, visit [www.york.ac.uk/maps](http://www.york.ac.uk/maps).

Please check our web pages for information on airport collection, and travelling to the University at [www.york.ac.uk/international-students/travelling](http://www.york.ac.uk/international-students/travelling).



3

## Supermarkets and places to eat

You can buy food from larger supermarkets such as Morrisons as well as lots of other practical household items at reasonable prices. For further information visit [www.york.ac.uk/international-students/food](http://www.york.ac.uk/international-students/food).

It's also worth checking University cafés and restaurants for a hot meal or sandwiches. There is a timetable of the opening hours for University cafés and restaurants on Arrivals Weekend at [www.york.ac.uk/cs-opening-times](http://www.york.ac.uk/cs-opening-times).



2

## Finding your room

**STYCs (Second or Third Year Contacts)** are current students who will help you find your room or pop round to see how you are settling in. You will have a STYC or college helper allocated to you.

You can pick up your keys from your **porter** at your local college reception. For times and locations, visit [www.york.ac.uk/college-arrival](http://www.york.ac.uk/college-arrival).

Check your room thoroughly and complete your inventory – if you have a problem you should report it via the Facilities Web Portal at [www.york.ac.uk/fmhelpdesk](http://www.york.ac.uk/fmhelpdesk).

Once you've unpacked, make sure you look at the orientation timetable. You can collect one or download it. See [www.york.ac.uk/international-students/orientation](http://www.york.ac.uk/international-students/orientation).





4

## Orientation and Freshers' Fairs

All new international students are expected to attend the orientation talks on Tuesday of Week 1. For other events check the orientation timetable [www.york.ac.uk/orientation](http://www.york.ac.uk/orientation)

Attend your college events and Freshers' Fairs to find out useful information about the University and life in the UK.



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## Getting around York

The University of York has great transport links with the city centre. Our bus service is UoY66. You can find the bus stop locations on the Interactive Campus Map: [www.york.ac.uk/about/maps/campus](http://www.york.ac.uk/about/maps/campus).

Other bus services include the Clubbers' bus for late night journeys from YUSU club nights and there is a free bus service between Heslington East and West. Visit [www.york.ac.uk/transport-bus](http://www.york.ac.uk/transport-bus) for timetables and student travel deals.

Find out if your college does a city tour and discover more about the area.



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## Events and meeting new people

As well as orientation events, York University Students' Union (YUSU), International Students' Association (ISA) and the Graduate Students' Association (GSA) host several welcome events and trips at the beginning of term and other events throughout the year.

Details of other events are on [www.york.ac.uk/students/welcome](http://www.york.ac.uk/students/welcome).



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## Settling in

There will be plenty of people around to help you settle in and lots of things to do and see.

However, if you have any problems, for example you feel unwell, or start to miss your family and friends, then there are people in your college who can help or you can visit Student Support Services at Market Square.

For more information visit [www.york.ac.uk/sshub](http://www.york.ac.uk/sshub).





## Collecting your University Card

As soon as you arrive you need to pick up your University card. This is your ID card, your room access and Library and printing card. Keep it safe.

**Full-time students:** collect your card from your college reception during Arrivals Weekend, and after that from the Unicard desk at the Information Centre.

**Part-time and distance learning undergraduate students:** your card will be posted to your home address.

**HYMS and Health Sciences students:** your card will be given to you by your department.

See [www.york.ac.uk/students/studying/unicards](http://www.york.ac.uk/students/studying/unicards).



## Emergency contact

In the case of an emergency on campus, call **01904 323333** and immediately state 'Emergency'.

You can also call **999** for National Emergency Services, or **9-999** from a campus phone.

Remember the SafeZone app for your phone can be used to access emergency services and first aid. Download from [www.safezone.com](http://www.safezone.com).

## Erasmus, exchange or visiting students

Your contact for any problems relating to your visit should be the Centre for Global Programmes. We are in Derwent College, next to the Porters. Open 10am–4pm every day.

### General enquiries about coming to University

Tel: +44 (0) 1904 324140

Email: [international-support@york.ac.uk](mailto:international-support@york.ac.uk)

### Colleges

[www.york.ac.uk/colleges](http://www.york.ac.uk/colleges)

### Departments

[www.york.ac.uk/about/departments/academic](http://www.york.ac.uk/about/departments/academic)

# People who can help



## Second and Third Year Contacts (STYCs)

Many new students (especially undergraduates) are assigned a STYC (or other college helper) who is there to help you settle in and answer any questions you may have. This is a college-based scheme and you should meet them on Arrivals Weekend.

## College team

This includes your Head of College, Assistant Head, Administrator and Tutors as well as student reps from your Junior Common Room Committee (JCRC). They, together with members of your College, can help you settle in and make the most of your time at university.

## Porters

Porters act as a point of contact on local receptions and can help with general issues including lost keys, maintenance problems and general security. They can also get help for any accidents, incidents or emergencies.

## Student Support Services

This is your first point of contact for professional central support services, dealing with a range of issues including immigration advice and international support, finance and money advice, emotional wellbeing, disability, housing and more. It is based in Market Square above Nisa and Your Shop. The service is open 9am–5pm on Monday to Friday during term time and 10am–4pm during vacation periods. For more information visit [www.york.ac.uk/sshub](http://www.york.ac.uk/sshub).

## University of York Students' Union (YUSU)

All students are automatically members of YUSU and can access a variety of services including advice and support, student representation and events and activities. You'll see your sabbatical officers around campus during Welcome Week. YUSU will organise many of the Freshers' events in Welcome Week. They also run Nightline – a student helpline you can call any time of night to talk through problems or if you're lonely or worried. Call **01904 323735**.

## International Students' Association (ISA)

As well as being members of YUSU, all international students can become members of the ISA which runs events, trips and campaigns for international students.

**WELCOME TO THE UK FROM YOUR STUDENTS' UNION!**

The University of York Students' Union (YUSU) represents you throughout your time at York and we run a wide range of activities to help you get the most out of your University experience and make friends from around the world! To find out more about YUSU services; sport, activities, academic representation, advice & support, as well as our exciting freshers' week plans visit..

**[WWW.YUSU.ORG/FRESHERS](http://WWW.YUSU.ORG/FRESHERS)**



[WWW.FACEBOOK.COM/YORKUNISU](http://WWW.FACEBOOK.COM/YORKUNISU)

[WWW.FACEBOOK.COM/YORKISA](http://WWW.FACEBOOK.COM/YORKISA)

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2015/16

## Meals in Advance Deal



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### OPTION 1

Monday – Friday  
50 Breakfasts, 50 Dinners

First meal breakfast Monday week 1  
Last meal dinner Friday week 10



£314  
per term

### OPTION 2

Monday – Friday  
50 Dinners

First meal dinner Monday week 1  
Last meal dinner Friday week 10



# mad

### Where do I go?

- Galleria, Roger Kirk Centre
- Vanburgh Dining Hall
- Derwent Dining Hall

### What time can I eat?

#### Breakfast

Monday – Friday  
8.00 – 10.30am

#### Dinner

Monday – Friday  
5.30 – 7.30pm



Campus Food

[www.york.ac.uk/mad-scheme](http://www.york.ac.uk/mad-scheme)

For terms and conditions see our website



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[www.york.ac.uk/students/welcome](http://www.york.ac.uk/students/welcome)