

## Matthew

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Going on a year abroad has certainly been one of, if not the best, experience of my degree. Aside from the vast improvement in my German it has made me more confident as a person- if you can set yourself up from scratch in a foreign country a thousand miles from home then you can be sure most other challenges are achievable!

Not only has the year abroad been a great investment of time in this respect, it has also exposed me to and allowed me to get a know a wide range of people from many different countries and cultures- much more than so than had I stayed in York.

My advice to anybody at York considering a year abroad (whether they are a language student like me or not) would unreservedly be to go ahead and do it. You are unlikely to have this kind of opportunity again in the future so take it while you can. Not only does it give you skills related directly or indirectly to future careers and everyday life, it enables you to see much more of the world. One piece of practical advice: never say no! Be open to new experiences and give everything a go!

