Concerned about a student?

**Concerned**
If a student seems upset or you notice a change in their behaviour that concerns you but there is no immediate risk, contact the Student Wellbeing Officer (SWO) for your area.

**Central**: Electronics, Mathematics, Physics, English, Psychology, Education, Politics, PEP, Social & Political Science, Philosophy, Economics  
Email: student-wellbeing-central@york.ac.uk

**North East**: Chemistry, Computer Science, TFTI, Women’s Studies, Law, Social Policy and Social Work, Sociology, Health Sciences, Research Centre for Social Sciences  
Email: student-wellbeing-northeast@york.ac.uk

**North West & City**: Biology, Environment & Geography, Natural Sciences, Biomedical Sciences, Archaeology, History, History of Art, Medieval Studies, Music, Language & Linguistics  
Email: student-wellbeing-northwest@york.ac.uk

**Worried**
If you are uncertain of the risk and need advice, contact the Open Door team from 9am to 10pm, Monday to Friday during term-time (10am to 4pm outside term). The team will suggest a course of action and sometimes the student may be seen on the same day.

Tel: 01904 32 2140  
Email: opendoor@york.ac.uk

**Crisis**
If the student is in immediate danger of hurting themselves or someone else, contact emergency services.

- On campus - telephone Security on 01904 32 3333  
- Off campus - telephone emergency services on 999  
Web: york.ac.uk/students/health/crisis/

**Look after yourself**
Some discussions can be upsetting so take some time out and talk to a colleague, a Mental Health First Aid Contact, or access the Employee Assistance Programme.

york.ac.uk/admin/hr/browse/health-and-well-being

york.ac.uk/staff/supporting-students