

Feedback from the 3MT 2016 Finalists

Kuntal Singh

“3MT was a valuable experience and helped me introspect on my work deeply. Condensing my thesis into 3 minutes was a tough challenge but the 3MT training and the subsequent competition helped me articulate clearly the main aims and results of my thesis. This competition also gave me good experience of presenting my results to a non-scientific audience as well as confidence in public speaking.”

Jamie Cawthra

“I was actually surprised by how much I enjoyed and benefited from taking part in the 3MT competition. I started off approaching it as a way of considering my research from another angle. In the end, I not only found that my work really benefited from the different perspective that 3MT gave, but I also had a ton of fun. It felt like being part of a team, not part of a competition. I also found that public engagement was satisfying in a way which academic engagement isn't - particularly knowing that young people had got something out of my talk.”

Laura Oxley

“I very much enjoyed the experience of taking part in the 3MT competition. It really made me think about how to explain my research in simple terms without relying on jargon. This has actually meant that I have been able to explain more clearly and concisely to my participants what the research involves and what I am aiming to achieve with it. The training session with Steve Hutchinson was incredibly useful and I picked up some brilliant tips about public speaking and communication. Also, the feedback from RETT was really valuable in fine tuning my presentation. I was so pleased to have the honour of coming in third place among all the great presentations that there were! I would recommend to anyone thinking about it to go ahead and enter the competition next year.”

Edgar Buchanan Berumen

“It was a great experience to develop my presentation skills and my confidence to talk in front of people. In addition, it helped to convey my research message to a broader audience. I learned a lot from the 3MT workshop and the training session and I learned from my colleagues at the moment of watching them giving their talks.”

Veronica Garcia Castro

“3MT was an incredible experience! In general, it helped me to develop my communication skills and overcome my stage fright. It was very useful to be able to explain my research to a lay audience because I was forced to think of it step by step and in simple terms. Overall, it was a very useful and wonderful experience”

Reginald Frection

“I found the 3 minute thesis preparation and competition to be extremely valuable in a number of ways. First, the feedback from evaluators from the first audition through the competition helped me to refocus on my overall thesis question. Having to shrink your 80,000 word thesis into 3 minutes helps you focus on the really important parts of the message. Secondly, the interaction with the other participants was incredible. The range of topics presented was interesting, engaging and educational. Thirdly, it was amazing to see the rapid fire critiques of presentations that was so on point and useful. I wish I had paid more attention to the 3 minute thesis earlier. I think 1st year candidates would benefit tremendously from this exercise.”

Feedback from the 3MT 2016 Finalists

Kiev Ariza Garcia

“I think the 3MT competition increases your understanding of our own research, whilst developing communication skills strongly needed to reach different audiences. Personally, it helped me reflect upon what my contribution(s) might be to the field of knowledge I am into. The training session held weeks before the final meeting was highly constructive, positive and it couldn't have been better planned and developed. I appreciated all the support from the members of the Research Excellence Training Team. It was a delight to be part of this competition.”

Hasmik Gasparyan

“I was in the 1st year of my PhD when I took part in the 3MT competition. It was a great opportunity at this early stage of my journey: to learn how to look at my topic from different angles and to master my presentation skills by aiming to be as simple, short, sharp and focused as possible. The training and presentation have been invaluable experiences that will contribute greatly to better communicating my research ideas to a broader audience in the future.”

Natalie Kopytko

“I really enjoyed working with the other students involved in the 3MT. I loved hearing and learning about their research and found it all very inspiring. Everyone was so supportive of each other that it was truly a great environment to work in. I am not a very competitive person, so the camaraderie and collaboration was appreciated. I also valued the feedback from the facilitators during the audition, training and rehearsal.”