YGRS and University news

UPDATED: Cost of living support
See our information on [cost of living support for students](http://example.com) for all support available at York, including:

- Have you checked whether you’re eligible for the [Off-Campus Rent Grant](http://example.com)? The grant helps students currently in their second or subsequent years to get support towards their rent costs.
- The [Student Support Fund](http://example.com) can help if you’re experiencing unexpected financial difficulty due to an unforeseen change in your circumstances.
- New from YUSU is the [Student Pantry](http://example.com) where you can pick up non-food items such as cleaning products, baby formula and stationery for free.

REMINDER: Come to the next PGR Forum
All postgraduate researchers are welcome to attend the next [PGR Forum](http://example.com) on Monday 4 December between 2.30-4.30pm online - please contact [academic-quality-pgr@york.ac.uk](mailto:academic-quality-pgr@york.ac.uk) if you’d like to receive the Zoom link (Academic Reps are automatically invited).

Meet our PhD Spotlight finalists
Book your free tickets to [YorkTalks 2024](http://example.com) for an incredible day of short talks highlighting the breadth and depth of research taking place at York. This flagship event on 10 January includes topics such as spirituality, Chaucer, artificial intelligence and much more. You can also visit our PhD Spotlight competition finalists, who will have interactive displays communicating their research. Who will be our winner?

Winter safety on campus
In difficult weather, please use paths that are clear and have been gritted. A comprehensive map of these routes can be found on the [grounds maintenance](http://example.com) web page.

York Campus Nursery nears completion
Our new [York Campus Nursery](http://example.com), located opposite the Sports Village on Campus East, will open early in the new year.

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Support and wellbeing

PGR mentoring scheme closing soon
The PGR mentoring scheme matches 2nd, 3rd and final year postgraduate researchers (and part time equivalents) with a mentor, generally a Postdoc/Early Career Researcher at York. Complementing the support from your supervisor, previous mentees have asked for advice and guidance with thesis writing, career development, communicating their research, and networking. Find out more about the [PGR Mentoring Scheme](http://example.com) and apply before 13 December.

How do you best respond to the ups and downs of doing a research degree?
A key skill in handling life as a PGR is being able to think both reflectively and strategically, so that you can see clearly what you have and use it to achieve what you need. The [Success at York Toolkit](http://example.com) has some great pointers to help you develop the skills that will help you as you work towards your goals. See our [focus on resourcefulness](http://example.com).
Researcher development

5 Dec: Copyright for Researchers
This workshop is aimed at PhD students from any discipline who are preparing material for a thesis or scholarly publication. Explore the legal terms and licences which permit the re-use of third party materials, consider strategies for requesting additional permissions and review the licences available for releasing your own material. Book onto the Copyright for Researchers workshop.

13 Dec: Introduction to Intellectual Property (IP) & commercialisation support
The course provides a brief overview of what IP is and most importantly how it can be used to benefit your research. Understand how IP and commercialisation processes can be used to increase your research impact, develop new funding opportunities and strengthen your grant applications. Book onto the Intellectual Property workshop.

Research data management
RDM 101 is an online tutorial that provides an overview of good practice in research data management. Complete the RDM 101 tutorial on the VLE (login required).

Careers

12 Dec: Understanding your Strengths
Identify your unique strengths and consider how you could develop them further. At this session, we will explore why some things you consider to be strengths might not be, how to minimise use of weaknesses, and how understanding your strengths can support good career decision making. Book onto the Understanding your Strengths workshop.

14 Dec: Non-Academic Interviews
If you are applying for job opportunities outside academia, this session will explore the function of interviews and give practical advice about preparing for and handling them. Book onto the Non-Academic Interviews workshop.

Teaching

Latest teaching opportunities
Check Handshake for the latest opportunities. Remember, you need to have completed Introduction to Teaching and Learning before you can teach at York.

News from the Graduate Students’ Association

Your Single Students’ Union
The University of York Students’ Union (YUSU) and the Graduate Students’ Association (GSA) are merging this year to create a single students’ union that caters to every student at York. To find out what’s happening and when, see the new information on Your Single Students’ Union.

Events and opportunities:

- 1 Dec: Turing PhD Enrichment scheme info session
- LAST CHANCE: Win £1000 with the Santander Universities Brighter Futures Grants
- York Sport 12 days for £12 offer

More news and opportunities can be found on the Research Student Community blog