**York Graduate Research School newsletter - November 2020**

**Ask Me Anything: Your wellbeing**

We’re again working with the Graduate Students’ Association to host another Ask Me Anything session for students to pose questions to a panel of University and GSA representatives with the aim of addressing the current concerns of research students and how we can tackle these together. The focus in the next event on **Wednesday 9 December** will be on your mental health and wellbeing and we’re pleased that Paula Tunbridge, Director of Student Life and Wellbeing, will be joining us for part of the session. **Check your York inbox next week for your email invitation to sign up to attend the event and ask your question.**

You can also [watch the previous Ask Me Anything event](#) from Tuesday 3 November, featuring Vice-Chancellor Charlie Jeffery.

**Winter break**

We’re pleased to announce that we have been able to extend the Department for Health and Social Care free rapid results covid testing to **Friday 11 December**. We understand that this may not meet everyone’s needs and that not everyone can travel during the Government window. However, please remember that you can [book a covid test through the NHS](#) if you develop symptoms such as a loss of taste or smell.

- **Book a rapid results covid test on campus**

And if you’re [staying in York](#), we have information on what will be open, what’s going on and the support available.

**New PGRs: Book your place at the January induction event**

The next York Graduate Research School induction will take place on **Tuesday 12 January 2021** for anyone who missed the September induction or has started their research since the last event. This is a chance to meet key people from across the University who will provide support and assistance throughout your academic journey.

- **Register your place for the January induction event**

**Support for you and your research**

**Postgraduate researcher coffee morning**

It can be hard to meet other researchers, especially during lockdown. You are warmly invited to come to an online Postgraduate Researcher Coffee Morning on **Wednesday 2 December** to help you take stock of where you are and where you’re going over a coffee.

**Mitigating risk to your research**

The Research Excellence Training Team has revised the ‘Effective Project Management’ workshop on **Wednesday 9 December** to include practical tips on how to adapt, adjust and mitigate risk to your research during these difficult times. [See all skills training in December](#).

**Mentoring and buddying schemes**

We are pleased to announce that the **PGR mentoring scheme** is now open to all 2nd, 3rd and final year postgraduate researchers, whilst first year postgraduate researchers are warmly invited to [apply for a Buddy](#). Share your thoughts
about the experience of doing research in these peculiar times with someone who will understand.

**Writing-up+ Support Fund**

The Postgraduate Research Writing-up+ Support Fund is available for postgraduate researchers who are currently in their writing-up period or who have been granted an extension to their studies. This funding is currently available until 31 March 2021.

- Find out more about assistance funding

**New guides**

**Making the most of online supervision**

Many postgraduate researchers find that supervision via video-conferencing works really well, but we appreciate that it’s not the same as meeting in person and so we’ve developed some tips to help you make the most of online supervision.

**Co-producing research with the public**

Two new guides to co-producing research with the public have been created with funding from the Wellcome Trust and the University via the Centre for Future Health (CFH). There is a reference manual for researchers as well as a guide for members of the public. See Two new guides to co-producing research with the public.

**Teach with The York Management School**

Graduate Teaching Assistant roles are an opportunity to gain early career learning and teaching experience. The York Management School is currently inviting applications to the position of GTA.

Don’t forget - before you can teach as a GTA, you will need to complete the one-day Introduction to Teaching and Learning course.

- See all current teaching opportunities

**Career Journey Planner for Research Postgraduates**

There are a range of opportunities to develop your research and professional skills, but it can sometimes be difficult to work out what’s available, when you could/should do it, and whether it’s right for you.

Our new PGR Career Journey aims to support you from the point when you start your research programme, through to the later stages of career decision making and applications. A range of actions, opportunities, resources and reflection points is included, with a suggested timeline linked to your PhD progression.

- Career Journey Planner for Research Postgraduates

**Recent opportunities on the blog:**

- Research Assistant (Part-time): Diversity and Inclusion in Informal Learning Spaces
- Submit an event idea for the York Festival of Ideas 2021
- Make the most of lockdown life
Unlock your potential in lockdown

All these news items and more can be found on the Research Student Community blog

[www.york.ac.uk/YGRS](www.york.ac.uk/YGRS)

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