

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Comprehensive Follow-up of Low Income Families

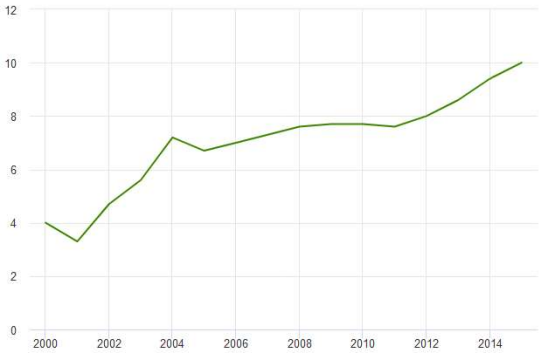
A Cluster-randomized Study

Anne Grete Tøge
Ira Malmberg-Heimonen


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Background

– Increased prevalence of child poverty in Norway



Year	Prevalence (%)
2000	4.0
2001	3.5
2002	4.5
2003	5.5
2004	7.0
2005	6.8
2006	7.0
2007	7.2
2008	7.5
2009	7.6
2010	7.6
2011	7.5
2012	8.0
2013	8.8
2014	10.0

17.09.2017



The HOLF model

- Over the last few year, the Norwegian Labour and Welfare Administration has developed a new model for follow-up of low income families, the HOLF-model
 - customized to Norwegian labour and welfare offices
- From 2016 – 2019, Oslo and Akershus University College is evaluating the HOLF-model

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The HOLF model

Aim: Better follow-up of low income families

- Change within four areas
 - Parental employment
 - Housing
 - Family economy
 - Child wellbeing and inclusion in child care, school and organised leisure activities


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The HOLF model

...better follow-up by intervening at two levels:

- **System level**
 - Action network
 - Supervision structure
- **Clinical level**
 - Form for preparing and evaluating meetings with families
 - Form for identifying and documenting the family's situation
 - Form for documenting tasks and progress




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The HOLF model

- Action network



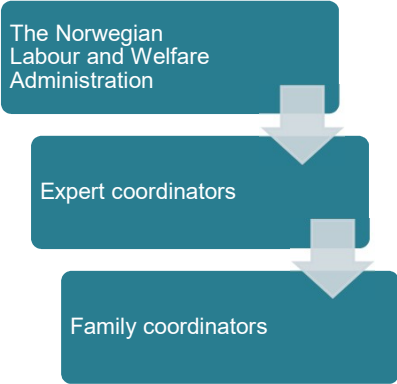
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


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The HOLF model

- Supervision structure
 - Train the trainer

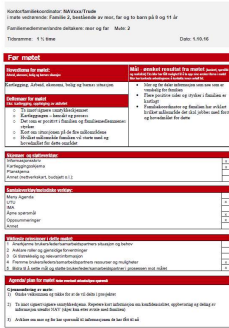


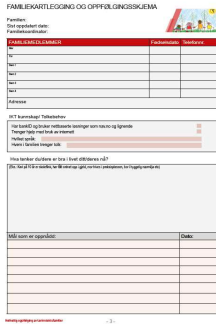



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The HOLF model

- Form for preparing and evaluating meetings with families
- Form for identifying and documenting the family's situation
- Form for documenting tasks and progress

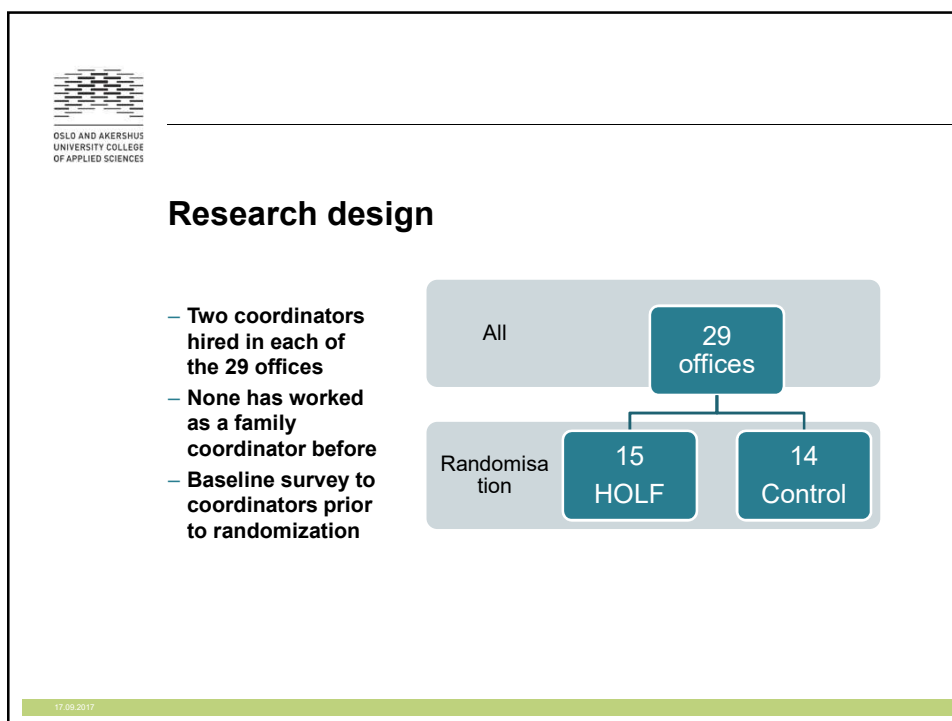
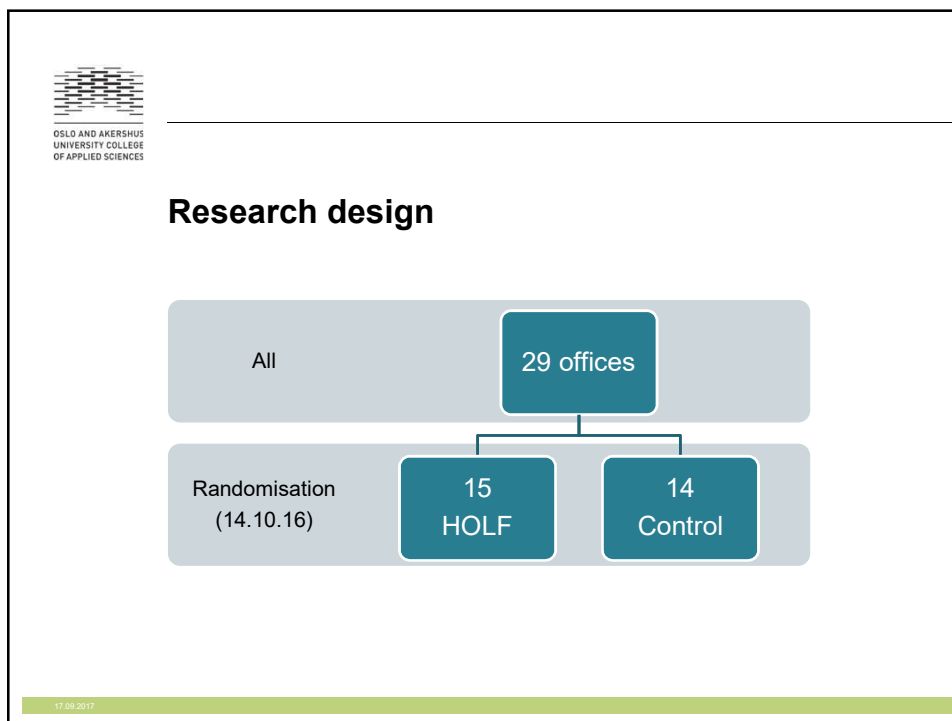


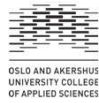




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Research question

- How did the coordinators typically work prior to HOLF?
- Were their social work practice similar to that of the HOLF model?

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Data

- Baseline survey for family coordinators
- 58 of 58 responded
 - 56 responded before randomisation

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Descriptive

Background variables	Mean	Obs
Women	91 %	58
Year of birth	1977	58
Educational level	2.5	58
Educational field (social work)	62 %	58

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


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Methods

- **Factor analyses**
 - Principal component analyses
 - Eigenvalue threshold: 1
 - Identified 4 dimensions
 - Varimax rotation
 - Excluded factors loadings less than 0.36
- **Descriptive analyses of scores on the identified components**


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Results

	Comp 1	Comp 2	Comp 3	Comp 4
I am sincerely concerned with the client's quality of life and living conditions	0.472			
Both the client and I are confident that the activities we do are useful	0.506			
The client and I respect each other	0.487			
The client is active in the preparation and implementation of his plan and program	0.446			
I collaborate with other agencies (e.g. child welfare, school, kindergarten, housing consultant, general practitioners, private network) about specific clients		0.367		
In collaboration with other agencies (e.g. child welfare, school, kindergarten, housing consultant, general practitioners, private network) we work towards a common goal for the clients		0.417		
I involve the family's private networks in the follow-up work		0.518		
I talk with the children of the family		0.563		
As far as possible, the client can decide which measures/interventions he / she gets			0.480	
[As compared to me,] the client has the most influence on content in the activity plan?			0.528	
[As compared to me,] the client has the most influence over the choice of measures			0.605	
I write down decisions on who will do what and when				-0.478
[As compared to me,] the client has the most influence over the topic of the meeting				0.468
[As compared to me,] the client has the most influence over the allocation of time in the meeting				0.631


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Results

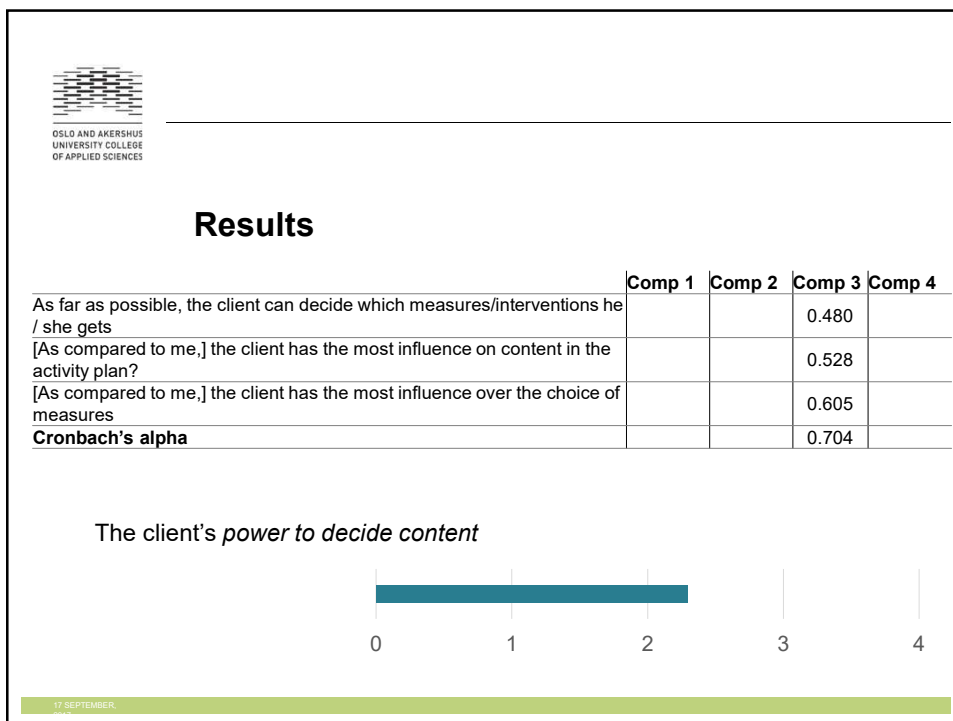
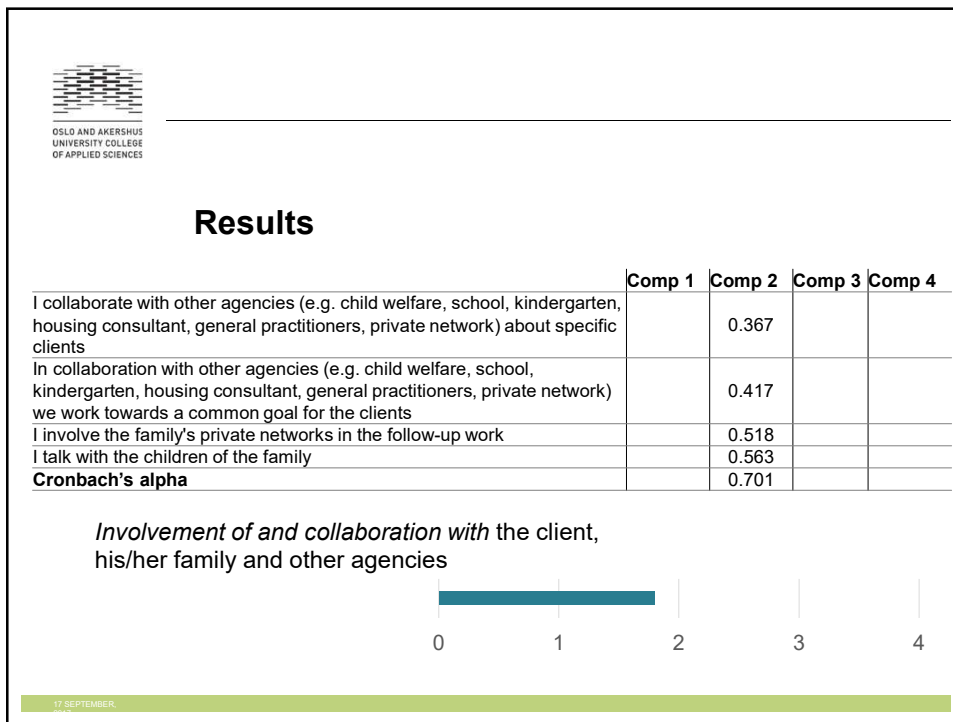
	Comp 1	Comp 2	Comp 3	Comp 4
I am sincerely concerned with the client's quality of life and living conditions	0.472			
Both the client and I are confident that the activities we do are useful	0.506			
The client and I respect each other	0.487			
The client is active in the preparation and implementation of his plan and program	0.446			
Cronbach's alpha	0.864			


Relation and communication with the client



0 1 2 3 4

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Results

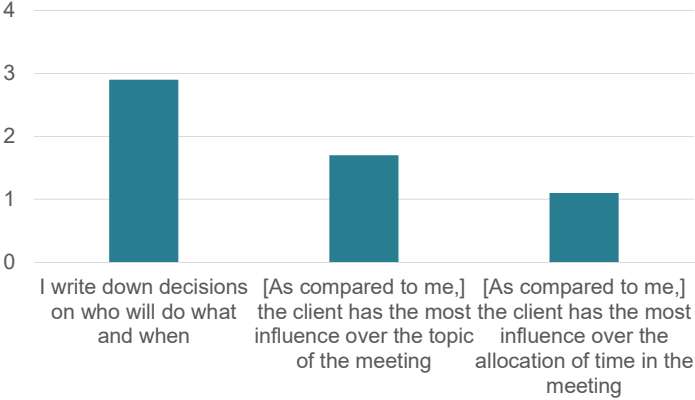
	Comp 1	Comp 2	Comp 3	Comp 4
I write down decisions on who will do what and when				-0.478
[As compared to me.] the client has the most influence over the topic of the meeting				0.468
[As compared to me.] the client has the most influence over the allocation of time in the meeting				0.631
Cronbach's alpha				0.449

The client's *power to manage process* -documentation of process is an uncommon practice among professionals who allow the clients influence over topic and time allocation.

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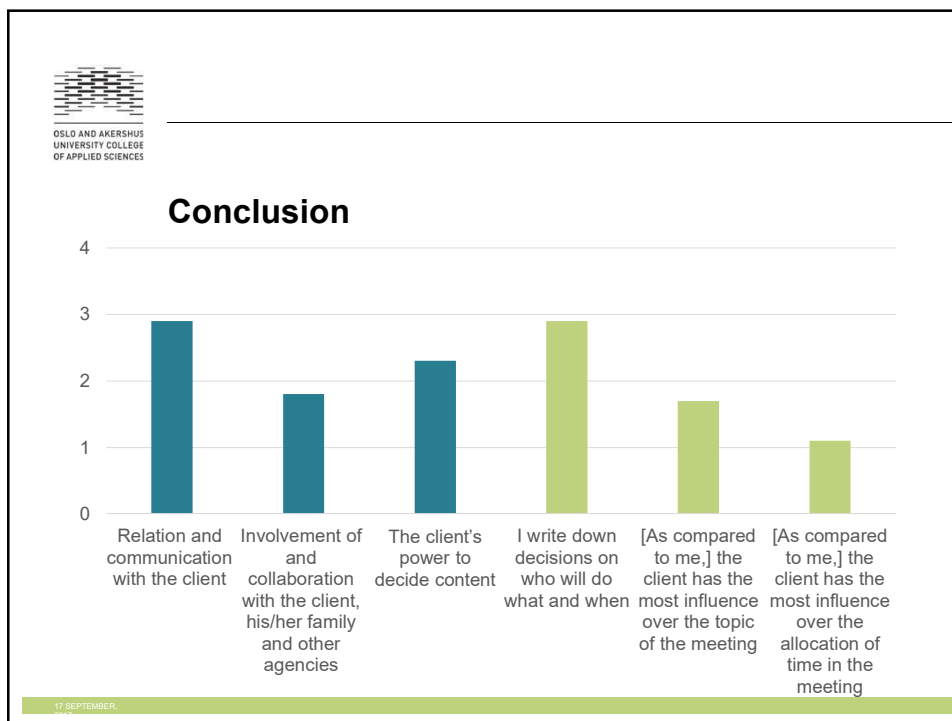


Results



Item	Score
I write down decisions on who will do what and when	~2.9
[As compared to me.] the client has the most influence over the topic of the meeting	~1.7
[As compared to me.] the client has the most influence over the allocation of time in the meeting	~1.1

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Conclusion

- Prior to HOLF, the coordinators tended to emphasise:
 - good relation and communication with the client
 - documentation
- ...but less:
 - collaboration and coordination
 - empowerment

HOLF could improve the quality within all the identified dimensions, -but the potential is most visible regarding collaboration, coordination and empowerment.

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