Drawing on personal experience of providing care to a woman with complex needs, formulate a case study that details your approach to care and considers how far you were able to achieve the role of skilled companion in this complex situation. What were the key factors that helped or hindered the relationship?

Your answer should aim to address the following points:

- Critically consider and apply the philosophy of skilled companionship to the relationship between you and a woman with complex needs during a recent episode of care.
- Identify and explore factors that challenged or facilitated the relationship between you and the woman in the context of maternity services.
- Include sufficient aspects of theoretical outcomes from the module that are relevant to an in-depth analysis of the given episode of care, focusing on the woman’s needs.
- Considers how undertaking this analysis has enabled you to learn from this experience and how this will affect your future practice.
- Demonstrates in-depth reading within the subject areas and uses relevant, correctly referenced source material to support the work, in accordance with department guidelines.