



Severe Mental Ill Health & Digital Skills

42% of people with Severe Mental Ill Health do not have Foundation digital skills;

42 in every 100 people with SMI are digitally excluded; the most common things people couldn't do were using **passwords** and **device settings**



Please talk to me about my needs:

I would like support using digital devices

I would like support managing spam emails

I would like support with online safety against scams

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I need support with digital activities:

I may need help with making appointments

I may need help with device setting

I would like to receive digital technology training

I would like to be offered face to face or phonecall appointments (whilst I learn)

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46% (46 in every 100) of people with Severe Mental Ill Health did not have Skills for Life.

The skills for life that people most often did not have were doing **online banking** and **shopping** and using **online tutorials** to learn how to do something.



I would like help with online banking

I would like help with online shopping

I would like support accessing online tutorials

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