



Palliative and End of Life Care

UNIVERSITY *of York*
The Department of Health Sciences

Palliative and End of Life Care

Level 5 (Diploma level) and Level 6 (Degree level)

20 Credits



Primary Care ✓	Social Care & Learning Disabilities ✓	Mental Health ✓	Leadership & Organisational Development
Secondary Care ✓	Midwifery & Infant Health	Public Health ✓	Study Skills

In the UK someone dies every minute - that's over half a million people a year. Most will die in the care of health or social care staff. Whilst there has been notable progress in the care for many who are dying, a number of gaps remain. Finding out what people want at the end of their lives, and actually delivering it, continues to be a considerable challenge.

Using the framework of the Department of Health's End of Life Care Strategy and the National Core Competencies for End of Life Care, this module encourages you to explore creative approaches to caring for people who are dying, their families and carers.

Entry Requirements

This course is open to a range of practitioners from health and social care settings. You must have the support of your manager or employer.

Course Content

Content will include: the challenges of end of life care, death, dying and society, values and knowledge in end of life care, advanced care planning, care in different settings, effective communication, participation and decision-making, integrated approaches to symptom management, support for carers and families and bereavement and care beyond death.

Course Structure

We use a combination of short lectures, interactive group work, problem-based activities and personal reflection throughout the course. We will also arrange individual tutorials and seminars which, alongside the taught sessions, will help you identify specific learning needs.

For further information and to apply

For further information and to apply, please contact our Student Information Service on (01904) 321321 or dohs-ssprd@york.ac.uk or download an application form from our website: www.york.ac.uk/healthsciences/ssprd/modules-courses/palliative

Skills and Competencies you will gain

On completion of this module you will be able to:

- understand the philosophy, principles and practice of end of life care
- apply tools, policies and research relevant to end of life care in your own practice
- act as a key worker in the multi-disciplinary team
- assess, deliver and regularly review care to take into account changing needs, priorities and wishes of individuals at the end of life
- identify clinical triggers or changes in an individual's condition indicating a need for action
- understand how effective communication enhances an individual's experience of end of life care
- act as a key work in the multi-disciplinary team and communicate with people and services about difficult and complex matters related to end of life care
- be aware of the multi-faceted nature of symptoms and how they impact on care
- provide support, supervision and mentorship to those who may be unsure about how to approach an individual who is dying.

Assessment Method

You will be assessed by a 3,000 word essay.

Funding

We have NHS funded places available on this course. Please see www.york.ac.uk/healthsciences/ssprd/funding for the latest information.