



Dual Diagnosis (working with people who have a drug/alcohol mental health problem)

UNIVERSITY *of York*
The Department of Health Sciences

Dual Diagnosis (working with people who have a drug/alcohol mental health problem) - Level 5 (Diploma level) and Level 6 (Degree level) 20 Credits



Primary Care	Social Care & Learning Disabilities	Mental Health ✓	Leadership & Organisational Development
Secondary Care	Midwifery & Infant Health ✓	Public Health	Study Skills

Our DANOS (Drugs and National Occupational Standards) accredited Dual Diagnosis course looks at the complex relationship between substance use and mental health, examining the implications for patients, practitioners and services. It includes all mental health problems and is not restricted to those working with people who have a severe mental illness.

Entry Requirements

This course will appeal to a broad group of people including: drug workers, mental health workers, practice nurses, general practitioners, psychiatrists, prison workers, midwives, health visitors, social workers and probation staff. All applications must be approved by your manager or employer.

Course Content

Topics covered include:

- Concepts of substance use and addiction and how this relates to mental health.
- Commonly used illicit drugs and misused prescription drugs.
- The relationship between mental illness and substance misuse.
- The skills that can be effectively used with this client group.
- Models of treatment and service delivery.
- Attitudes and values in relation to dual diagnosed clients and the impact this has on care.
- Harm reduction, assessment, intervention and relapse prevention.
- Cognitive and motivational interventions.

Skills and Competencies you will gain

The course will explore both cognitive and motivational approaches to working with clients, and will improve your confidence in applying these techniques.

This training will improve your understanding of the research evidence for dual diagnosis.

Upon completion you will be able to identify specific psychoactive drugs and how they impact on a person's mental health. You will also have the ability to assess the relationship between a person's mental health and substance use.

Assessment Method

This course will be assessed by a 3,000 word essay providing the rationale for an intervention. Help and guidance on how to succeed in your assessment will be provided.

Funding

We have NHS funded places available on this course. Please see www.york.ac.uk/healthsciences/ssprd/funding for the latest information.

For further information and to apply

For further information and to apply, please contact our Student Information Service on (01904) 321321 or dohs-ssprd@york.ac.uk or download an application form from our website: www.york.ac.uk/healthsciences/ssprd/modules-courses/dual-diagnosis