The Tidal Wave of Diabetes - Prevention vs Complications

A one-day diabetes update for GPs, community and practice nurses, dietitians, podiatrists, pharmacists and all those working in the delivery of diabetes care. Designed by a multi-disciplinary team of diabetes practitioners to generate debate and provide workable solutions for day-to-day clinical diabetes issues.

Wednesday 6th November 2013

Venue: FERA Lakeside Conference Centre, Sand Hutton, York YO41 1LZ (just off A64, free parking)

9.00 am - 4.30 pm
Coffee and registration 8.30 am - 9.00 am

This will be a valuable and stimulating day in clinical diabetes management and care.

Cost: Includes midday meal and refreshments.
£110 (inc VAT) for the first member of the practice booking.
£30 (inc VAT) for each subsequent member of the practice booked.
£30 (inc VAT) for other healthcare practitioners.
£20 (inc VAT) for full-time students.

Places are limited and will be allocated on a first come, first served basis. For further details contact Isla Ballard on northyorks@diabetes.org.uk or telephone 01325 488606 or visit: www.york.ac.uk/healthsciences/diabetes-conference/
The programme includes:

**Workshops**
Please choose two for the afternoon session and indicate your choices on the booking form

**A. Early treatment options in diabetes and foot care**
Veronica Newton and Peter Roberts, Senior Lecturers in Podiatry, University of Huddersfield

**B. Neuropathies and treatment strategies**
Professor Solomon Tesfaye, Professor of Diabetic Medicine, Sheffield Hallamshire Hospital

**C. Let's talk sun, sand, sea and sex - opening the discussion regarding sexual dysfunction**
Anne Phillips, Senior Lecturer, University of York and Maria Raper, Practice Nurse, Cottingham

**D. Steering a correct course - hypo unawareness and driving**
Clare MacArthur, DSN, Northallerton and Lecturer Practitioner, University of York

**E. Breathe easy - sleep apnoea and diabetes risk**
Jayne Pateraki, Advanced Nurse Specialist, Sleep Apnoea, York Hospitals NHS Foundation Trust

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**Programme**

8.30 Coffee and registration

9.00 **Introduction by Chairs**
Linda Wood, Diabetes UK; Dr Andrew Inglis, GP, Tadcaster; Anne Phillips, Senior Lecturer, University of York; and Phil Holdich, Senior Lecturer, University of Huddersfield

9.15 **Slowing the rising tide of type 2 diabetes - Diabetes Prevention Programme**
Linda Penn, University of Newcastle

9.55 **The ebb and flow of physical activity and behaviour change**
Dr Michael Trenell and Leah Avery, University of Newcastle

10.40 **Lost in translation - barriers to change**
Emily Bland, University of Manchester

11.00 Coffee/Tea

11.20 **Interactive quiz - HbA1c as a compass - pointing you to the right diagnosis?**
Professor Eric Kilpatrick, HYMS and Hull Diabetes Centre

12.05 **You need 9 to do fine**
Dr Andrew Inglis, GP, Tadcaster

12.25 Lunch

13.15 Workshop 1 - please choose a session from the options listed left

14.00 Workshop 2 - please choose a session from the options listed left

14.45 Coffee/Tea

15.05 **Treasure islets - islet cells and pancreas transplantation**
Julie Wardle, Islets cell and pancreas transplant specialist nurse, Newcastle

15.25 **Hook, line and sinker - legal and ethical issues in diabetes care**
Dr Janet Hargreaves, University of Huddersfield

16.10 **What's appearing on the horizon? New therapeutics coming into view**
Dr Paul Jennings, Consultant Diabetologist and Honorary Senior Lecturer, HYMS