#### Registration details

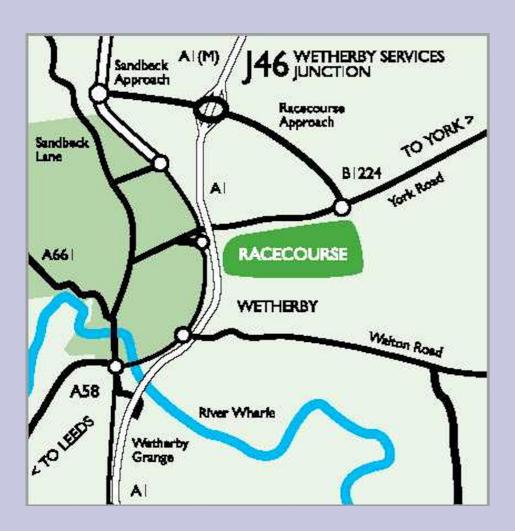
Booking for the conference is online via

www.diabetes.org.uk/Events\_in\_full/Conferences/Professional-conferences-NEW/Northern-and-Yorkshire-Healthcare-Professional-Conference-/

Workshop choices can also be selected online at the time of booking.

#### Conference venue

Wetherby racecourse is located just minutes from Junction 46 (Wetherby Services) on the A1(M).





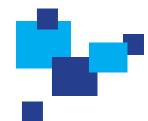




### Diabetes Care in a Disjointed World

A valuable, stimulating, one-day diabetes conference for all those working in the delivery of diabetes care. Designed by a multi-disciplinary team of diabetes practitioners to generate debate and provide workable solutions for day-to-day clinical diabetes issues.

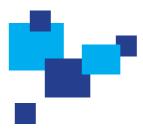
Diabetes UK: improving lives for over 82 years



#### Wednesday 16th November 2016

Venue: Wetherby Racecourse, The Racecourse, York Road, Wetherby, LS22 5EJ (free parking)

9.00 am - 4.30 pm
Coffee and registration 8.30 am - 9.00 am



12
years on and going strong

Cost: £25, includes midday meal and refreshments.

Places are limited and will be allocated on a first come, first served basis. For further details contact Paula Maddison-Green, Diabetes UK Email: paula.maddison-green@diabetes.org.uk or Telephone: 01325 488606

www.york.ac.uk/healthsciences/diabetes-conference/



## Diabetes Care in a Disjointed World Programme

| Prog  | gramme   |
|-------|--|
| 8.30  | Coffee and registration  |
| 9.00  | Introduction by Chairs   |
|       | Dr Andrew Inglis, GP, Tadcaster, Dr John Reid, GP, Selby, Anne Phillips, Senior Lecturer,<br>University of York              |
| 9.15  | Diabetes no more? Updates on the National Diabetes Prevention Programme  |
|       | Helen Dickens, Head of Diabetes Prevention, Diabetes UK  |
|       | Diane Burke, Health Improvement Principal, Long Term Conditions, Office of the Director of Public Health, Leeds City Council |
|       | Mike Lavender, Consultant in Public Health, Durham County Council  |
| 10.00 | Treating risk rather than numbers  |
|       | Professor Edwin Gale, Emeritus Professor of Diabetes, University of Bristol  |
| 10.40 | Coffee/tea   |
| 11.00 | How low should you go? Hypoglycaemia - reflecting practice on the targets in both NICE NG17 and NICE NG28                    |
|       | Professor Simon Heller, Professor of Clinical Diabetes, University of Sheffield  |
| 11.40 | Workshop 1 - please choose a session from options listed   |
| 12.20 | Lunch  |
| 13.10 | Workshop 2 - please choose a session from the options listed   |
| 13.50 | Workshop 3 - please choose a session from the options listed   |
| 14.30 | Теа  |
| 14.40 | The new perfect potions for patients - what new pharmaceuticals are appearing?   |
|       | Dr Jonathan Bodansky, Consultant Physician, Leeds Teaching Hospital Trust and Associate<br>Professor, University of Leeds    |
| 15.10 | The right time to quit? When to stop medications   |
|       | Dr Jagannath Gopalappa, Consultant Diabetologist, York Teaching Hospitals NHS Foundation Trust                               |
| 15.40 | How high will we go? Cost of diabetes care   |
|       | Nick Hex, Associate Director at York Health Economics Consortium, University of York   |
| 16.00 | How low should we go? Feedback from the DIRECT study using low calorie diets in Type 2 diabetes                              |
|       | Alison Barnes, Research Associate Dietitian, The DIRECT Study, Institute of Health and Society,<br>University of Newcastle   |

# The programme includes three workshops



## Please choose three from the following eight sessions and indicate your choices on the booking form

#### A. Making the most of mindfulness in consultations

Dr Sheila Hardy, Senior Research Fellow, Northamptonshire Healthcare NHS Foundation Trust, Honorary Senior Lecturer, UCL, Postgradute Nurse Educator, Charlie Waller Memorial Trust

#### B. Sick day rules for primary care

Tara Kadis, Team Leader, Diabetes Nurse Specialist, York Teaching Hospitals NHS Foundation Trust.

#### C. Eat great, feel great

Reconsidering ways to talk about food with people who have diabetes *Sheri Taylor, Freelance Dietitians Group, Birmingham.* 

#### D. The Great Re-generator? Liver disease in diabetes

Dr Nimantha De-Alwis, Consultant in Diabetes and Endocrinology and Bariatric Physician, Sunderland Royal Hospital.

#### E. Sorting Steroid Sugar Surges

Eleanor Thomas, Diabetes Specialist Nurse, The Diabetes Centre, James Cook University Hospital, Middlesbrough.

## F. Don't put your foot in it? The importance of timing in preventing amputation in diabetes. What we learn from Root Cause Analysis

Kath Speak, Principal Podiatrist - Diabetes and High Risk and Claire Davies, Specialist Podiatrist, In-patients, Harrogate and District NHS Foundation Trust.

#### G. What type am I?

#### Diagnostic dilemmas in diabetes care

Dr Jane Patmore, Consultant Diabetologist, Michael White Diabetes Centre, Hull and Dr John Reid, GP, Posterngate Surgery, Selby







