

## Draft Agenda

'Putting mental and physical health on the same page'

An event to celebrate World Mental Health Day on 10<sup>th</sup> October 2019  
hosted by Closing the Gap Network and NIHR Applied Research Collaborations

1.00pm-1.30pm	What is the 'health gap' in mental health and how can we fix it – Professor Simon Gilbody
1.30pm-1.50pm	Experience of physical health from a service user and service provider perspective
1.50pm-2.10pm	The Closing the Gap cohort: a unique resource and opportunity to be involved in research – Dr Emily Peckham
2.10pm-2.30pm	Smoking and mental health: the SCIMITAR programme – Della Bailey
2.30pm -3.00pm	Refreshment break
3.00pm-3.30pm	Equally Well Initiative and influencing policy to ensure parity of esteem – Dr Andy Bell
3.30pm-3.50pm	Protecting Physical Health in People with Mental Illness: Findings from the Lancet Psychiatry Commission– Dr Joseph Firth
3.50pm-4.10pm	The Diamonds Programme - improving diabetes management for people with severe mental illness – Dr Abisola Balogun
4.10pm-4.30pm	Green space and mental health – Professor Piran White
4.30pm – 4.50pm	Can digital interventions improve physical health for people who use mental health services – Dr Lina Gega
4.50pm-4.55pm	Beyond the room –Mental Elf
4.55pm-5.00pm	Closing remarks from – Professor Simon Gilbody

During the event there will be the opportunity for people to view videos and infographics in the 3Sixty room.