

International Conversation Afternoon

Food and Cooking

- What is your favourite food?
- What are some traditional dishes from your country?
- Do you like cooking?
- Do you consider yourself a good cook?
- How often do you eat out in restaurants?
- What types of restaurants do you like to visit?
- Do you think you have a healthy diet? Why? Why not?
- Which cultures do you think have the healthiest diets?
- How common is it to be a vegetarian or vegan in your country?
- What do you normally have for breakfast, lunch and dinner?
- Where do you normally have lunch? At home, school, work?
- How often do you have takeaways?
- What do you normally drink?
- Do you believe that 'we are what we eat'?

