## Supporting unpaid carers around hospital leave

<table>
<thead>
<tr>
<th>KNOW</th>
<th>Be knowledgeable about leave and what it means for carers</th>
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</thead>
<tbody>
<tr>
<td>IDENTIFY</td>
<td>Identify carers and check what support they need</td>
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<tr>
<td>SUPPORT AND REFER</td>
<td>Support carers, give them information about other support, and refer for support as needed</td>
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<tr>
<td>INFORM</td>
<td>Tell carers about ‘life on the ward’</td>
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<tr>
<td>INFORM</td>
<td>Talk to carers about leave and give them written information from the start of the admission</td>
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<tr>
<td>INVOLVE</td>
<td>Involve carers in planning any leave that is happening with them</td>
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<tr>
<td>INVOLVE</td>
<td>Discuss any changes to leave with carers as far in advance as possible</td>
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<tr>
<td>CO-WORK</td>
<td>Handover care to carers for leave as you would for staff</td>
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<tr>
<td>CO-WORK</td>
<td>Get feedback from carers within 24 hours of leave</td>
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<tr>
<td>SUPPORT AND REFER</td>
<td>Support carers when leave is challenging, and refer them for support as needed</td>
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</tbody>
</table>

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