

## Alison

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### *Lund University, Sweden*



On the whole Erasmus has been a very positive experience. As the workload is lighter in Lund than in York, I felt I had more time to try new things -like join a sports team - which I have never done before. I also had the opportunity to study in the Geography Department, which is a change from my usual history and politics.

In terms of advice, I think if students are considering going abroad they should go for a year and not a term. As it takes a while to get to know and enjoy a place, a lot more can be achieved in a year. It is also nice to experience a place for a full year and enjoy the different celebrations and see it in different seasons.

