

# INFORMATION & WHEELCHAIR SKILLS TASTER DAY



## Helping Disabled People Become More Active

- Experience Community offers a range of activities, products and services to help disabled people access the outdoors
- Our sessions include wheelchair walks, inclusive rambles, adaptive cycle rides and wheelchair skills courses
- We have a fleet of adaptive equipment available to try out, hire or purchase
- Our activities are led by disabled staff with lived experience of wheelchair use.
- Visit our stand for more information on the activities and services we offer 10:30am - 3pm
- Wheelchair skills drop-in sessions 12pm - 1pm and 2pm - 3pm



## When and Where

James Hall G/N208, James College. Located next to the Roger Kirk Centre and James College Common Room

Thursday 14<sup>th</sup> May, information stall open 10:30am - 3pm  
Drop-in wheelchair skills taster sessions 12pm - 1pm and 2pm - 3pm



## FOR MORE INFO

07930819943 or 01484841438



[info@experiencecommunity.co.uk](mailto:info@experiencecommunity.co.uk)



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Making all journeys accessible