

# PCMIS Mental Health Case & Risk Management

## Case Study: MyWellbeing College

Bradford District Care NHS Foundation Trust



### Background

Bradford District Care NHS Foundation Trust is an award-winning provider of mental health, learning disabilities and community health services across Bradford, Airedale and Craven, West Yorkshire. The Trust provides cognitive behavioural therapy (CBT), counselling, psychological wellbeing interventions and psycho-education throughout its three regions, through MyWellbeing College, its IAPT service.



The IAPT team were having difficulty with their current case management system's reporting functions, which were unable to easily and efficiently provide NHS Digital data. Instead, analysts had to spend 3-4 weeks downloading and combining various reports in order to obtain this data. In addition, the figures that were being produced did not accurately reflect the service's activity.

This frustration led the Trust to contact PCMIS to see if the system could provide improved IAPT reporting to solve this problem.

### The transition

"[The experience was] very good. PCMIS worked very hard with our service to migrate data and configure the solution to meet our needs."

### The PCMIS Solution



**"PCMIS is a mature, well designed solution, backed by excellent support."**

After successfully migrating data from their existing system, PCMIS was able to provide a dedicated IAPT solution, allowing all the required information to be recorded together.

A single extract report which can be quickly and easily downloaded by relevant staff was created, to replace the combined report that had been used previously.

MyWellbeing College also benefit from the PCMIS eReferrals optional feature, which they use for their Single Point of Access (SPA). Clients are now able to easily and securely refer themselves to the service online.

**MyWellbeing College have seen an improvement in recovery rates - improved data recording as a result of using PCMIS has been a significant factor.**

Contact us to find out how PCMIS can help your service: