**Appendix 2**

**Preventive projects highlighted by VCSE sector survey respondents**

**Addressing inequalities**: Black and Minority Ethnic (BME) communities

**Advocacy:** BME communities; people with learning disabilities; migrants

**Asset-based approaches:** men’s health (with effects on children’s heath)

**Befriending and mentoring initiatives**: general; older people; families with children under 5; vulnerable families

**‘Coaching’**: helping men with low self esteem/depression; people with multiple health related lifestyle issues through ‘Being Well’ coaches and an approach which puts clients in control of their action plans

**Community champions** **recruited from local communities**: families in disadvantaged communities; working with sports clubs to support exercise

**Complementary medicine**: for people with cancer

**Counselling services (sometimes including a wide range of therapies):** women; people with addictions; people with mental health problems; families where there is substance misuse; part of after-school activities; bereavement; victims of rape and sexual abuse (including through the criminal justice system); migrants; people with a cancer diagnosis

**Discharge support**: addressing delayed discharge and providing post-discharge support; vulnerable people; homeless people and ‘frequent fliers’

**Improving access:** primary care; healthy eating advice; community transport to hospitals for people with mobility problems; improving uptake of cancer screening services through training local people from diverse backgrounds; helping homeless peoples access services

**Improving services and collecting views of services**: Healthwatch

**Information about services**:Healthwatch

**Facebook groups for providing information and advice:** diet; Vitamin D supplementation

‘**Green’ activities:** gardening for homeless people with mental health problems; people with dementia; people with mental health problems; people with head and brain injuries

**Integrated lifestyle support:** for those with multiple lifestyle issues

**Outreach**: alcohol misuse; socially excluded women

**Play schemes**: 5-14 year olds

 **Peer support**: families where there is substance misuse; homeless people

 **Self help groups**: mental health

**Social prescribing**: from a pooled CCG and LA budget

**Specialised support**: families supporting people with advanced dementia

**Support and advice services:** for victims of domestic violence; migrants; survivors of FGM; to prevent hospital admission; people with cancer and their families; people with lung conditions and other long-term conditions; socially excluded people; crisis financial support

**Supporting personal budgets**: identifying implications for commissioning

**Weight management services:** women

**Work and vocational opportunities:** disadvantaged people

**Volunteer support:** families and children; vulnerable or isolated older people; exercise for men over 50; uptake of screening services; mental health

**Yoga/meditation:** for recovery from addiction and developing friendship networks

Source: *Results from two national surveys: Local Healthwatch and VCSE members of Health and Wellbeing Boards; Voluntary, Community and Social Enterprise Organisations involved in health promotion and prevention .*Research Report 3, April, 2016.