

## Joseph

---

*University of Bergen, Norway*



My experience in Norway has been special to say the least. The experience of surviving in a completely different environment and integrating into a different culture is going to be rewarding wherever you are.

The experience has changed me in a number of ways: I'm more confident, more self-motivated, and more outgoing.

If I had one piece of advice for people considering Erasmus it would be: DO IT! It's a fun experience you'll never forget and it's essential in the current job climate to set yourself aside from other students: this is the perfect opportunity. For any students who have already decided to do Erasmus next year, my advice would be to keep on top of the paper work and stay organised from the start.

Without wanting to sound too clichéd, Erasmus is an experience that has changed my life. My time in Norway will stay for me forever and I have a burning desire to come back to this country one day and live here. I'd like to think that I will take some skills I've learnt this year back home and apply myself more in second year.

