



Megaphone Online

October 2022

the voice of Health Sciences' staff and students

Welcome to our new Head of Department, Professor Kate Flemming 2022

Kate is a highly experienced academic, internationally known for her leading research and service innovation in palliative care nursing. She is leading the integration of research and teaching in our new nursing curriculum in the Department of Health Sciences, bringing together our world leading researchers with the best teachers in nurse education. Kate leads by example through her pioneering clinical leadership and research in Palliative Care within the Hospice and community settings.



Kate's research programme focuses on complex interventions including patient and carer experience of palliative care across different service models, disease types and morbidities, including motor neurone disease. This work is closely integrated with her methodological expertise in qualitative evidence synthesis. Kate is internationally known for her quality approach to research and acts as co-convenor of the Cochrane Qualitative and Implementation Methods Group. Kate has recently worked with the World Health Organisation on the use of qualitative evidence synthesis to inform guideline development for complex interventions.

Kate said: "I am delighted to have become the new Head of Department and it's been a pleasure to meet many of the new intake of both undergraduate and postgraduate students when you started with us earlier this term. I wish you all the best of luck with your studies and hope you enjoy your experience of studying in the Department."

Kate will be introducing her new Senior Management Team in the next issue.

In this issue:

- Welcome new students
- Research news
- Baby Friendly Initiative award
- Staff news

Farewell Mid19and Hello Mid22

Helen Recchia, Senior Lecturer in Midwifery writes: "On the 9th September we said goodbye to our Mid19 cohort at their celebration event.

Mid19 have shown determination and resilience to get to the end of their midwifery degree, facing unprecedented circumstances at the start of their programme. We wish them all the very best as they start their journeys as newly qualified midwives in the next few weeks! We will miss you Mid19.

On 13th October our Mid20 cohort presented their experiences of their elective placements which they undertook during the summer. Mid20 provided an inspiring and informative day for their fellow students which included plenty of delicious cakes!

A very warm welcome to our Mid22 cohort who started the Future Midwife Programme on 26th September.

We wish you all the very best of luck as you join an amazing programme and profession.



Farewell Trainee Nursing Associate Apprentices

Members of the Nursing Associate Apprenticeship teaching team gathered together with the 2020 cohort of Trainee Nursing Associate Apprentices to celebrate their last day in University.

Their programme does not officially finish until December, although it was the last day the group would all be together on campus.



Welcome September 2022 Nursing Cohort

A warm welcome to our September 2022 nursing cohort. We wish you every success and hope you enjoy your time with us.



Department welcomes former nursing student

Claire Metcalfe writes: The Department was delighted to welcome back former student Claudia Smalley who spoke to our final year nursing students at their final lecture in July.

Claudia writes "It's wonderful to be back here and it seems like just a few months, since I was sitting where you are - feeling a mix of emotions, like; apprehension, excitement, plus a sense of pride. Pride for the profession I had chosen to join and worked hard to qualify for; You all have an equally exciting time ahead – beginning the next part of your journey. Many of you will have accepted your first job offers to commence after qualifying and I bet you're all looking forward to finally earning some money, for your hard work!"

"The first thing I would like to say is; well done – you've all chosen a fantastic career to pursue, there are so many different avenues for you to consider and explore. This course has equipped you with a solid foundation of knowledge and skills, which will set you in good stead for whatever direction you choose to follow. Please don't worry, if you're yet to decide where your career will take you, there's plenty of time to explore the 'options'. In fact, most of the nurses I qualified with, in 2018, have changed their work setting multiple times, before finding the best fit for them and that's entirely normal."

"After graduating, I secured a job in the Acute Male Surgical Ward. In this role, I learnt to deliver, pre and post-operative care; as well as conservative management of acute illness under the specialities of; urology, gastro-enterology and general surgery. On the ward, I took my time to refine skills, like; patient communication, time management & prioritisation of tasks. I was fortunate to gain additional responsibility, running the 'Surgical Assessment Unit', where patients attended from both primary and secondary care services - requiring clinical decisions, urgent care and referral to outpatient services. I obtained transferable patient education skills, including; colostomy, urostomy and catheter care, plus the lifestyle adaptations that accompany these interventions."

"Eight months after qualifying, I felt an itch to do something new, and I came to a decision that the surgical ward work wasn't a long-term scenario, for me. So, I applied for a job vacancy in the hospital's Emergency Department; a place I had enjoyed immensely as a student."

"There's a strong culture of learning, development and support. Plus, the E/D is a fast-paced and dynamic environment, where I've honed and refined rapid and accurate Triage assessment skills, guided by the Manchester triage system. As part of this Team, I'm required to work independently, make clinical decisions regarding; the priority of care, delivery of immediate interventions and redirecting to Primary Care, where necessary."

"Comparatively, in the Main Department, it's essential, I work collaboratively, sharing the workload, delegating effectively and monitoring patient flow. I'm frequently assigned to work in the Department's Resuscitation Bays, where I'm now confident in my ability to provide a high level of care to patients, with a range of life-threatening illnesses and injuries, involving the relevant supporting teams, such as; Anaesthetics, Paediatrics and Maternity, where applicable."



Student News

“I was provided an opportunity to complete my Assessor’s qualification, Advanced Adult life support and a University accredited course, studying children in the E/D, plus a whole raft of skills, such as; venepuncture, cannulation, arterial venepuncture, non-invasive ventilation and assessment and treatment of minor injuries.”

“Most recently, I’ve had an opportunity to apply and obtain a Band 6 ‘secondment’ in the Emergency Department and I’m just over a month into that new post. When I was graduating from York, the thought of taking responsibility for an entire E/D and the associated clinical team would have sounded daunting. But, over the last four years, step by step, I’ve accumulated the skills and knowledge I require to take on this role.”

“You’re all leaders, already - as leaders of care, patients place trust in you, to act as their advocate and always have their best interests at heart. When people ask me about Graduating as a Nurse, I compare the experience to passing your driving test - Your tutor or instructor equips you with all the information and techniques you require, to practice safely; but until you start driving solo you don’t really know what kind of driver you are; it’s the same for nursing; only by ‘doing’ the role, can you feel truly confident in your abilities to practice safely and professionally.”

“In the first six months, or so; you progress significantly – your belief in your own abilities will grow, you will develop your own style of working and understand the kind of nurse you can be. You’ll also accrue qualities that you’ve observed in others and you admire, and these will all become part of your identity as a practitioner.”

“I would like to share three pieces of personal advice, with you:

‘Always be patient and kind with yourself’, the first few months will be hard work and often come with a roller coaster of emotions and that’s okay. You can’t know everything or practice perfectly straight away, but you will always be supported. Within your team and workplace, identify those who you can rely on to seek advice, support or someone to simply offload to. Utilise each other, here in this room, stay in touch with one another, share your experiences – good and bad. You’ll always find one of your peers always has the right words that another needs to hear. And utilise your preceptorship time! I understand it works similarly in most hospitals, if you find yourself on a shift, slightly struggling or unsure about how to complete a task or you need supervision for a sign-off - get in touch with your preceptor and see if they’re free to come down and guide or support you.”

“Secondly, ‘be a sponge’. Soak up all the new information available to you and seek out any opportunity to learn. Use your supernumerary time to learn as much as you can about your new workplace, take time to work with as many different members of the multi-disciplinary team as possible; site managers, doctors, nurses, care support workers, physiotherapists and porters. This will give you an appreciation of other roles within your patient’s care and how best to use your teams’ support.”

“Lastly, your mental health and wellbeing matter. In this profession, you give of yourself and much of your energy to the patients and that can leave you feeling drained. It’s important to prioritise time for self-care and take time to recharge. This will be different for everyone. There are lots of great resources out there available to you.”

“Nursing is the ultimate profession and the greatest thing is; if you find yourself in a post you aren’t truly passionate about, there are always many alternative avenues to explore. One month you could be working in a theatre, assisting a surgeon and the next out working in the community, assisting patients to live a more independent life. I’ve always admired nurses who are passionate about what they do; so, keep your options open, find yours and go for it!”

Teaching News

Midwifery Baby Friendly Initiative (BFI) sustainability achievement

Helen Bedford, Subject Lead for Midwifery, writes: “We are delighted to confirm that the Department has recently been successful in its application to meet the UNICEF UK Baby Friendly Initiative (BFI) Achieving Sustainability in Universities Standards - thus we have been recognised with the Achieving Sustainability (Gold) Award.”

“This achievement builds on the BFI Silver accreditation for our undergraduate midwifery education, which we have continuously held since 2011. We are now one of only a handful of UK university departments to be recognised with the UNICEF UK BFI Achieving Sustainability (Gold) Award. Thanks to all concerned, particularly Mid19 (who were successfully audited by the BFI to secure programme accreditation in July) Rebecca Hudson-Tandy, Carole Lindsey and of course Louise Armstrong who was BFI Lead for many years”.

Reverse Mentoring Scheme

Devi Nannen writes: “Staff from the Medical School and Health Sciences in York are developing a Reverse Mentoring Scheme for launch as a pilot for staff later this year. The purpose of the scheme is to help staff, particularly leaders and managers, make sure that our workplaces are as inclusive as possible by supporting staff to learn from each other about how our differing backgrounds and characteristics affect our experience of the HE work environment.”

“We will be advertising for mentors and mentees later in the year who will be happy to work in a 1-2-1 relationship over a 6 month period to learn from each other in an open and supported way. At the end of the mentoring period we hope that what people have learned will lead to further positive change within our organisations. More information will be provided closer to the time.”

If anyone is interested in joining the pilot scheme please contact Devi Nannen by emailing devi.nannen@york.ac.uk.

New publication

Sally Porter, Lecturer-Practitioner in Prescribing and Medicines Optimisation, has a new publication in the Journal of Prescribing Practice. Sally invites to read the article and believe that it could empower students to use the BNF App more effectively.

The BNF and BNF for Children app gives fast access to trusted information about medicines. This practical guide is to help healthcare professionals use the app better. It starts by looking at how to get around the app. Then, it looks at features that support safe prescribing, using examples to make them clearer.

Porter, S. (2022). Using the British National Formulary app to support safe prescribing: a practical guide. *Journal of Prescribing Practice*, 4(10). [Online]. Available at: doi.org/10.12968/jprp.2022.4.10.440 [Accessed 21 October 2022].



Research News

New biobank to boost research into children and young people's cancers

The Universities of York and Newcastle have joined forces with two leading cancer charities to create a new biobank which will provide vital resources for researchers working to prevent, diagnose and treat cancer in children and young people.

VIVO Biobank is supported by the charities Cancer Research UK and Blood Cancer UK and will provide cancer researchers with a centralised collection of cell and tissue samples from children and young people affected by cancer across the country.

The samples will form a crucially important resource as many children and young people's cancers are extremely rare. This has made it difficult for researchers to access sufficient samples from patients in order to study them.

VIVO Biobank is a merger of two existing biobanks – one dedicated to the study of leukaemia at York and another for the study of solid tumours at Newcastle. The merging of the Banks also allows additional genetic and clinical data to be made available, aiding research into these cancers.

There are around four thousand new cancer cases in children and young people in the UK every year.

Co-Deputy Director of VIVO Biobank, Professor Alexandra Smith from the Epidemiology and Cancer Statistics Group in the Department, said: "Bringing our biobanks together is going to enable more children and young people to donate samples and along with the additional clinical data provide an invaluable resource for scientists.

"This will make more research possible on prevention, diagnostics and treatments for children and young people with cancer than ever before."

Director of VIVO Biobank, Professor Deb Tweddle from the Translational & Clinical Research Institute and the Centre for Cancer at Newcastle University said: "This is a huge opportunity for the UK to lead the way in Children's and Young people's cancer research by providing a single point of access to researchers for precious samples, particularly for researchers who may want to work on many different types of cancer.

"Around 80% of childhood and young people's cancer is cured by current treatments and we hope VIVO biobank will promote research for those types not currently curable and lead to the development of kinder treatments for others."

Bold new income strategy could help tackle mental health crisis among young people

Researchers at the University of York played a key role in a major new study which suggests that Universal Basic Income could help to reverse the epidemic of mental health problems among young people in the UK.

Soaring living costs are causing unprecedented pressure on UK households, resulting in a dramatic increase in the number of people suffering from mental health conditions such as anxiety and depression – particularly among 16–24-year-olds.

A new Royal Society of Arts report, compiled by a team which included Professor Kate Pickett, of the Department of Health Sciences, and Professor Richard Cookson, of the Centre for Health Economics at York, explores the introduction of Universal Basic Income (UBI) as an alternative to conventional policy options.

Under the UBI scheme, every UK citizen would receive regular payments to support their basic needs and provide them with a level of financial security. This addresses a frequent criticism of the existing welfare system: that it does not support those who are aspirational, hard-working and responsible.

The research, funded by the Wellcome Trust and led Northumbria University, reveals that:

- UBI is economically feasible,
- that it can prevent or delay a wide range of health conditions
- that it is particularly effective in mitigating the mental health pandemic among young people
- that public support for UBI is strong, especially in the ‘red wall’ constituencies of Wales, the Midlands and North of England.

Professor Pickett said: “We really do have an epidemic of mental health problems among young adults in our society. This has been made worse by the Covid-19 pandemic and you can only imagine it is going to become worse in the current economic crisis.

“UBI would raise the income floor for a lot of people, reduce inequality and take away some of the sources of anxiety which young people particularly find so challenging. It would also save massively on costs to the NHS and other services.”

Professor Cookson added: “There is already overwhelmingly strong evidence that reducing poverty and income insecurity in childhood and adolescence can improve mental health; our work using up-to-date data tells UK policy makers by how much.”

The project, which began in August 2021, involved detailed modelling work using links between income and anxiety and depression, a series of focus groups to gauge young adults’ views on UBI as well as a series of surveys in ‘red wall’ constituencies to assess support for Universal Basic Income.

The research is part of a project called Assessing the Prospective Impacts of Universal Basic Income (UBI) on anxiety and depression among 14-24-year-olds. It serves as a pilot study for a broader, long-term examination of the role of Universal Basic Income as a public health measure.

York cancer research to benefit from major NIHR grant

Haematology research at York will receive a huge boost following a multimillion pound funding announcement from the National Institute for Health and Care Research (NIHR).

The Leeds Biomedical Research Centre (BRC) is to receive £19.8m over five years to expand the areas of research from musculoskeletal to include cancer, cardiovascular disease and infection. This includes a new stream of research into blood cancer, which has been added in partnership with scientists at York.

The York collaboration will see researchers from the York Biomedical Research Institute come together to work with colleagues in Leeds to investigate how to develop more personalised treatment strategies for people with cancer.



Professor Eve Roman, Director of the Epidemiology and Cancer Statistics Group at the University of York, said: “We are delighted to be part of this exciting new NIHR BRC venture, which marks a step change in ensuring research follows patient need.

“Our participation formalises the strong regional collaborations that exist across haemato-oncology, providing an effective setting within which to further develop and expand. The University of York has enjoyed a long and successful relationship with both Leeds Teaching Hospitals NHS Trust and the University of Leeds; together with the Hull York Medical School (HYMS).

Philip Conaghan, Director of the new NIHR Leeds BRC and Professor of Musculoskeletal Medicine in the University of Leeds’ School of Medicine, said: “This new BRC is an exciting step-change, reflecting the joint ambition of the strong Leeds Teaching Hospitals NHS Trust and University of Leeds partnership, to address urgent clinical challenges of an ageing population, with the reality that patients do not live with just one disease but multiple conditions.

“Our vision is to drive impactful research led by patient need, with patients and the public at the heart of all activities. This can make a meaningful difference to patients and the public, particularly those who are most at need.

“I am also delighted to formalise our academic partnership with the University of York, bringing their expertise in haematology into the new BRC.”

Professor Jeremy Mottram, Director of the York Biomedical Research Institute, added: “The key role played by York in this multi-institute NIHR partnership, is testament to the strength of haematology research across our University, and further indication of how combining fundamental and applied biomedical research can impact patients.”

The National Institute for Health and Care Research (NIHR) has awarded nearly £800 million to 20 new Biomedical Research Centres across England, to translate scientific discoveries into new treatments, diagnostic tests and medical technologies to improve patients’ lives.

Research News

Team win Wellcome Mental Health Data Prize bid

Paul Tiffin, Professor of Health Services Research, writes: “A bid led by HYMS/Health Sciences academics has been awarded funding to participate in the “Wellcome Mental Health Data Prize” scheme.”

“This has been awarded to 11 teams, internationally, with the aim of supporting collaborative approaches to research into anxiety and depression in young people. Teams in the UK and South Africa will explore existing data to find new insights and build digital tools that enable future research. The award provides around £35,000 for the first six months of the ‘Discovery phase’. After this time the successful teams are eligible to apply for approximately £250,000 in total over the following 12 months.”

“The HYMS/Health Sciences-led team is planning to apply a method known as ‘targeted learning’ to epidemiological youth mental health data for the first time. Targetted learning combines traditional statistical approaches with machine learning to help establish causal relationships in data. If the subsequent stages are funded then digital tools will be developed to make this method more accessible to researchers.”

“The team is led by Paul Tiffin (Professor of Health Services Research, HYMS), with Lewis Paton (Lecturer in Data Science, HYMS), Lina Gega (Professor of Mental Health, HYMS), Lauren Aylott (Postdoctoral Research Fellow, Health Sciences) and Noemi Kreif (Senior Research Fellow, Centre for Health Economics, University of York).“

For further information visit <https://wellcome.org/what-we-do/data-science-and-health-trustworthy-data-science/wellcome-data-prizes>

Researcher wins award

Kate Mooney, a Research Associate in the Public Health and Society research group, was awarded the Early Career Researcher poster prize at the recent European Society for Prevention Research (EUSPR) annual conference.

Kate presented a study from her PhD, which was supervised by Kate Pickett and used data from the Born in Bradford cohort study, and the poster title was “Is the home learning environment key to preventing socioeconomic differences in children’s working memory?”.

Research showcase posters available to view

The posters from the Department of Health Sciences Research Showcase held on 13th July 2022 are now available to view online. Please visit the Wiki page and enjoy the posters!: <https://wiki.york.ac.uk/display/RS22/Department+of+Health+Sciences+Research+Showcase+2022>

Voucher scheme effective at halting smoking in pregnancy

A new study has shown that a high street voucher scheme is an effective way to help women stop smoking during pregnancy.

The research revealed that the addition of a Love2Shop voucher incentive scheme alongside regular UK Stop Smoking Services more than doubled the number of women who stopped smoking during pregnancy.

The phase three randomised trial examined the effectiveness and the cost-effectiveness of adding an incentive of up to £400 of high street vouchers to existing prenatal care, aimed at helping women to stop smoking in pregnancy.

Almost 1,000 pregnant women who were smokers were recruited to the trial, with half receiving standard Stop Smoking Services care and the other half the same prenatal care with the addition of the voucher incentive scheme for smoking cessation.

The research was a collaboration by experts at the Universities of York, Glasgow, Edinburgh, Stirling, and Queen's University Belfast. Professor David Torgerson, Co-Director of the University of York's Trial Unit, said: "The trial showed that 26.8% of pregnant women who were given the additional voucher incentive had quit smoking by the end of their pregnancy, while 12.3% of pregnant women from the control group, which received only the standard Stop Smoking Services care, stopped smoking.

"Maternal smoking is responsible for significant ill health, and in worst cases death among women and their children, so it is vital that we conduct these trials to understand the best methods to support women for the best outcomes for their health and their unborn child."

Smoking in pregnancy is responsible for approximately 7% of childhood hospital admissions for respiratory infection, 20% of infant deaths, and 30% of babies born underweight.

Research has shown that women who permanently quit smoking during pregnancy will go on to have a near normal lifespan, whereas women who continue to smoke in pregnancy and beyond are likely to lose up to 10 years of life.

The study took place at seven different sites across the UK – in Scotland, England and Northern Ireland – and confirmed results through nicotine saliva testing. The participants were tested for smoking status between week 34 and week 38 of pregnancy. Most of the pregnant women who quit from both groups relapsed after their baby was born.

Research is ongoing to extend support, with financial voucher incentives, for 12 months after the baby is born, to see if mothers remain non-smokers 'permanently' benefitting both parent and child health.

Professor David Tappin, lead author of the study from the University of Glasgow, said: 'We know that smoking in pregnancy can cause significant health problems for both mother and baby. Through this study, we have shown that the offer of high street vouchers, when offered in tandem with the current UK Stop Smoking Services, is highly effective at more than doubling smoking cessation during pregnancy, with a reduction in NHS costs over the long term.

"Pregnant smokers are usually on low incomes. Stopping smoking saves £70-£100 per week by not buying cigarettes, which feeds into the 'levelling up' agenda. We hope our findings will enable services to increase smoking cessation during pregnancy."

Research News

Unlocking Nature - film premier

What does being in nature mean for you? A hike through the wilderness, going to your local park to meet up with a friend and/or exercise the dog, gardening/conservation-work, or something more contemplative?

There is increasing research into how spending time in nature or 'green' (ie filled with vegetation) and 'blue' (containing water) spaces can be beneficial to mental health. We invite you to the premiere of several short films exploring the benefits for people experiencing severe mental illness plus what helps, and can stand in the way of, accessing these spaces.

The films have been created by a group of individuals who experience, or who care for someone with, severe mental illness that have come together from across the North of England. The project is a collaboration with a number of researchers at the University of York and Humber Teaching NHS Foundation Trust, plus a participatory film maker, and was inspired by research undertaken in Northern Ireland led by Queen's University Belfast. It is funded by the 'Closing the Gap' Network which is led by the University of York and Keele University (with UK Research & Innovation sponsorship) and supports work to address the stark physical health inequalities experienced by people with the most severe forms of mental ill health.

As well as watching the films, you will hear about the making of them and about the research that inspired them. There will also be the opportunity to ask questions of all the project participants and share your own thoughts.

Please register via this Eventbrite link: <https://www.eventbrite.co.uk/e/unlocking-nature-film-premiere-tickets-435644503437>

New book out

Research Fellow Maddy Power has a new book out entitled "Hunger, Whiteness and Religion in Neoliberal Britain."

Exploring why food aid exists and the deeper causes of food poverty, this book addresses neglected dimensions of traditional food aid and food poverty debates.

It argues that the food aid industry is infused with neoliberal governmentality and shows how food charity upholds Christian ideals and white privilege, maintaining inequalities of class, race, religion and gender. However, it also reveals a sector that is immensely varied, embodying both individualism and mutual aid.

Drawing upon lived experiences, it documents how food sharing amid poverty fosters solidarity and gives rise to alternative modes of food redistribution among communities. By harnessing these alternative ways of being, food aid and communities can be part of movements for economic and racial justice.

For further info visit <https://policy.bristoluniversitypress.co.uk/hunger-whiteness-and-religion-in-neoliberal-britain>

Universities work together to understand the causes and effects of health inequality

The Universities of York and Bradford are to conduct in-depth research into the causes and consequences of health inequality as part of a major new health research project.

A new Health Determinants Research Collaboration (HDRC) will be set up to run for the next five years, with the help of a £4.7m funding grant from the National Institute for Health and Care research (NIHR).

The project will bring together expertise from across the region, including Bradford Council and Bradford Institute for Health Research, to find the causes of health inequality and assess the impact of work being done to address it. Findings from the research will shape local, national and regional policy to tackle the issue.

Professor Kate Pickett, Deputy Director of the Centre for Future Health, is part of the team at York which will be delivering the work. She said: “Partnerships between academic researchers and local authorities can support councils to protect the health of the public and create the conditions for good and equitable health. Bradford has been a world leader in working with its local universities and I’m so pleased to see this partnership strengthened through this funding award.”

Susan Hinchcliffe, Leader of Bradford Council, said: “I am delighted that Bradford Council has been awarded funding so that we can work with our partners to set up an HDRC. It is simply unacceptable that in 21st century Britain we have such huge gaps in health equality.

“To address these inequalities, we need high quality research into its causes and understanding of interventions. Few local authorities currently possess the capacity to undertake research of the type and rigour required to find out what really works and deliver large scale impact on health inequalities. This funding will help us to gather that evidence and implement policies and practices that work.”

Research team showcase new research

In September, members of the Health Services and Policy Research Group (Ana Castro, Holly Essex, Karen Bloor, Laura Jefferson, Sandi Newby, Su Golder, Tim Doran and Veronica Dale) attended a ‘mini-conference’ at the Department of Health and Social Care in London, to showcase the work of their fast-response analysis programme ([PREPARE](#)). Alongside colleagues from the King’s Fund, they presented brief summaries of some of our recent projects, and colleagues from DHSC discussed how the research has been used. Veronica presented a project on how being born into poverty affects children’s NHS utilisation and costs, and Laura Jefferson presented work on gender differences in the take-up of GP partnership roles. We took posters on post-ICU care for COVID patients (Ana), women’s health (Holly), patients’ experience of multimorbidity (Laura) and the effect of increases in NHS dental charges on access to care (Veronica) - all are on the second-floor corridor if you’d like to take a look. Some of the team also enjoyed a walk through London on the way to the meeting!



Staff News

Ian Russell

The Department is sad to report the death of Professor Ian Russell who has died at the age of 78. Ian was the founding head of the Department of Health Sciences and during his time at York he set up a clinical trials unit and the Hull York Medical School.

Read Ian's obituary <https://www.theguardian.com/society/2022/oct/23/ian-russell-obituary>.

Away day

Members of the Health Services and Policy research group enjoyed a summer away day (on the hottest day in history) which included a trip to the Forbidden Corner.



Do you fancy trying something new this Autumn? Ceroc classes are available in Tadcaster

We all know that movement encourages positive mental and physical health. However, for some of us the gym or sports may not appeal. Dancing is an excellent way to exercise, meet people and try something new.

Classes are held at the Riley-Smith Hall on a Tuesday evening. For more information visit <https://www.ceroc.com/24/131/ceroc-tadcaster?id=108>

Alternatively you contact Sophie Godfrey in the SASS office. Sophie is not a Ceroc representative but is very passionate about the dance and will be happy to talk more about it.

Staff News

Hello

We wish a very warm welcome to new members of staff who have joined the department recently, these include: Louise Padgett, Charlotte Hirst, Publa Antwi, Polina Mesinioti, Dimitra Mouriki, Samantha Swan, Lucy Sheenan, David Barrett, Lucy Roberts, Lucy Atkinson, Adenike Azeezat Okanlawon, Shannon Halmkan, Amy Barnes, Nicola Nixon and Lauren Aylott.

Goodbye

We also wish a very fond farewell to those who have left, including: Ann Cochrane, Diana Fields, Jessie Shepherd, Lauren Burke, Louise Elliott, Matthew Robson, Jonathan Wake, Maddie Sinclair, Anne Marie McIntyre and Andrew Papworth.

Congratulations

to:

- Liina Mansukoski who gave birth to baby Vera on 21st July, weighing 8lbs 13oz
- Laura Scott Weatherby had a little boy - Henry Marshal Weatherby on 11th August
- Bex Hudson-Tandy who gave birth to baby Albert (Albie) Ian on 15th September, weighing 7lb 0oz (pictured right)

Finally, congratulations to Helen Recchia who married partner Paul in September.



If you would like to make a submission to future editions of Megaphone, please contact Jane Milsom (jane.milsom@york.ac.uk or tel 01904 321392).